

# Over-the-Counter & Bathroom Safety Catalog

2024

### How do I order?



### ORDER BY MAIL

Complete the order form included in this catalog and mail it to the address at the bottom of the form.



### ORDER BY PHONE

Call 1-844-479-6334 (TTY:711). Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year.



### ORDER ONLINE

Visit **NationsOTC.com/DualPrime** to place your order online. Allow two days for delivery after your order is processed for your product(s) to arrive.

Your order will be applied to the benefit period in which your completed order form is received. Orders exceeding the quantity limit, if any, will be reduced to the maximum quantity remaining.

### What is my allowance?



### **OTC ITEMS**

You have a monthly allowance of \$100 that can be applied to products listed in this catalog. Any allowance left at the end of the month will expire and cannot be carried over into the next month.

Your order will be applied to the month that your order is received. For example, if you mail in your order form on June 29, but we receive it on July 1, your order total will be applied to your July benefit, not your June benefit.

# Over-the-Counter (OTC) Items Order Form



	DMPLETE YOUR INFORMATIO	N BELOW			
Member ID	(found on Health ID card):		Date of Birth:		
First Name:	:		Last Name:		
Address:					Apt. #:
City			State		ZIP
Phone:		Email (option	nal):		
STEP 2—PR	ODUCT SELECTION				
Cash, check	ks, credit cards or money orde	ers are not acc	epted under this OTC bene	efit.	
ITEM #	PRODUCT NAME			QUANTITY	PRICE
					\$
					\$
					\$
					\$
					\$
					\$
					\$
					\$
					\$
					\$
					\$
					\$
					\$
					\$
					\$
			TC	OTAL ORDER	\$

### STEP 2—PRODUCT SELECTION (CONTINUED)

Cash, checks, credit cards or money orders are not accepted under this OTC benefit.

ITEM #	PRODUCT NAME	QUANTITY	PRICE
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
TOTAL ORDER			\$

### STEP 3—MAIL COMPLETED FORM

Mail this completed form to the following address:

NationsOTC 1801 NW 66th Avenue Suite 100 Plantation, FL 33313

If you have any questions or need assistance placing your order, please call us at 1-844-479-6334 (TTY: 711). Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year. Language support services are available if needed.

I understand that the phone numbers and/or emails I provided on this form may be used by the health plan or any of its contracted parties to contact me about my account, my health benefit plan or related programs, or services provided to me.

CareFirst BlueCross BlueShield Medicare Advantage is the shared business name of CareFirst Advantage DSNP, Inc. and CareFirst Advantage, Inc., which are independent licensees of the Blue Cross and Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

The items listed in this catalog are sorted by category to make it easy for you to find what you need.

PR	ODUCT CATEGORIES		
6	Anticandidal (Yeast) Anticandidal	16	Home Diagnostic & Patient Aids
	(Yeast)	18	Home Health Care
6	Cold, Flu & Allergy	18	Incontinence Supplies
8	Dental & Denture Care	20	Pain Relief
10	Diabetes Care	23	Pediculicide (Lice Treatment)
10	Digestive Health	23	Rehabilitation, Therapy & Exercise
13	Eye & Ear Care	24	Skin Care
14	First Aid & Medical Supplies		
15	Foot Care	24	Smoking Cessation
15	root Care	25	Supports & Braces
16	Hemorrhoidal Preparations	27	Vitamina & Dietary Cumplements

27 Vitamins & Dietary Supplements

ltem #	Description	Strength	Count	Price
Anticano	lidal (Yeast) Anticandidal (Yeast)			
6017	Clotrimazole (Vaginal Antifungal 7-Day Cream with Applicator), 1%, 1.5 oz.	1%	1 ct.	\$9.00
5016	Miconazole (Vaginal Antifungal 3-Day Cream with Applicator), 2%, 0.32 oz.	2%	1 ct.	\$15.00
5283	Monistat® Vaginal Cream, 3-Day, 4%, 0.18 oz.	4%	1 ct.	\$24.00
5850	Tioconazole (Vaginal Antifungal 1-Day Cream with Applicator), 6.5%, 0.16 oz.	6.5%	1 ct.	\$18.00
Cold, Flu	& Allergy			
5252	Abreva® Cream, 10%, 2 gm.	10%	1 ct.	\$26.00
5084	Acetaminophen Sinus Congestion Caplets, 325 mg., 5 mg.	325 mg., 5 mg.	24 ct.	\$6.00
5335	Afrin® Nasal Spray, 0.05%, 0.5 oz.	0.05%	1 ct.	\$13.00
5790	Airborne® Chew**	-	32 ct.	\$12.50
5606	Blistex® Ointment, 0.15 oz.	-	1 ct.	\$4.50
5344	Carmex <sup>®</sup>	-	1 ct.	\$3.00
5133	Cepacol® Sore Throat Lozenges	-	16 ct.	\$6.50
5052	Cetirizine Allergy Tablets, 10 mg.	10 mg.	30 ct.	\$9.50
6015	Chlorpheniramine Maleate Allergy Tablets, 4 mg.	4 mg.	100 ct.	\$5.75
5334	Claritin <sup>®</sup> Tablets, 10 mg.	10 mg.	10 ct.	\$18.00
4102	Cold-Eeze® Lozenges, Honey Lemon	-	25 ct.	\$17.00
5163	Coricidin <sup>®</sup>	-	20 ct.	\$12.00
5338	Cough & Cold for High Blood Pressure	-	16 ct.	\$6.50
5220	Cough Drops, Cherry	-	30 ct.	\$3.50
5202	Cough Drops, Halls®	-	25 ct.	\$5.00
5545	Cough Drops, Honey Lemon	-	30 ct.	\$3.50
5126	Cough Drops, Menthol	-	30 ct.	\$3.50
5405	Cough Drops, Sugar-Free	-	25 ct.	\$4.00
5690	Cromolyn Sodium Allergy Nasal Spray, 26 ml.	-	1 ct.	\$13.00
5399	Day & Night Cold & Flu Caplets	-	20 ct.	\$7.00
5153	Day Cold & Flu Liquid, 325 mg., 10 mg., 5 mg., 8 oz.	325 mg., 10 mg., 5 mg.	1 ct.	\$6.00

ltem #	Description	Strength	Count	Price
5236	Day Cold & Flu Softgels	-	16 ct.	\$9.00
5234	DayQuil <sup>®</sup> Liquid, 325 mg., 10 mg., 5 mg., 8 oz.	325 mg., 10 mg., 5 mg.	1 ct.	\$12.00
5451	Diphenhydramine Allergy Tablets, 25 mg.	25 mg.	24 ct.	\$4.00
5854	Diphenhydramine Allergy Tablets, 25 mg.	25 mg.	100 ct.	\$6.00
5855	Fexofenadine Allergy Tablets, 180 mg.	180 mg.	30 ct.	\$12.00
5856	Fluticasone Propionate Allergy Nasal Spray, 24-Hour, 144 sprays, 50 mcg.	50 mcg.	1 ct.	\$23.00
5095	Green Tea Flu & Cold Honey Lemon	-	6 ct.	\$9.00
6028	Herpecin-L <sup>®</sup> Lip Balm, 1%, 0.1 oz.	1%	1 ct.	\$9.00
5503	Humidifier, Ultra-Sonic	-	1 ct.	\$55.00
5614	Humidifier, Ultra-Sonic, Crane®	-	1 ct.	\$65.00
4001	Levocetirizine Allergy Tablets, 5 mg.	5 mg.	35 ct.	\$5.00
5418	Loratadine Allergy Tablets, 10 mg.	10 mg.	30 ct.	\$4.00
5857	Loratadine Allergy Tablets, 10 mg.	10 mg.	90 ct.	\$12.00
6031	Loratadine Allergy Tablets, 10 mg.	10 mg.	365 ct.	\$24.50
5559	Medicated Lip Balm, 0.15 oz.	-	1 ct.	\$3.00
4070	Mentholatum <sup>®</sup> Original Ointment Vapor Rub, 1 oz.	-	1 ct.	\$4.75
5237	Mucinex® Day/Night Caplets	-	40 ct.	\$27.00
5465	Mucinex® DM Tablets, 600 mg., 30 mg.	600 mg., 30 mg.	20 ct.	\$17.00
5464	Mucinex® Tablets, 600 mg.	600 mg.	20 ct.	\$18.00
5858	Mucus Relief DM Expectorant & Cough Suppressant, Extended Release, 1,200 mg., 60 mg.	1,200 mg., 60 mg.	14 ct.	\$10.50
5087	Mucus Relief DM Tablets, 400 mg., 20 mg.	400 mg., 20 mg.	30 ct.	\$8.00
5691	Mucus Relief Tablets, 400 mg.	400 mg.	100 ct.	\$9.00
6061	Multi-Symptom Cold Formula Caplets, 10 mg., 5 mg., 325 mg.	10 mg., 5 mg., 325 mg.	24 ct.	\$5.75
5345	Nasacort <sup>®</sup> Allergy Relief 24-Hour, 60 sprays, 10.8 ml.	-	1 ct.	\$22.00
5799	Nasal Decongestant Inhaler, Levmetamfetamine, 0.007 oz.	-	1 ct.	\$8.00
5082	Nasal Decongestion PE Tablets, 10 mg.	10 mg.	36 ct.	\$5.50
5081	Nasal Decongestion Spray, 0.05%, 1 oz.	0.05%	1 ct.	\$5.50

Item #	Description	Strength	Count	Price
5807	Nasal Rinse Kit, Saline	-	1 kit	\$19.00
5197	Neti Pot	-	1 ct.	\$14.50
5040	Night Cold & Flu Liquid, 650 mg., 30 mg., 12.5 mg., 8 oz.	650 mg., 30 mg., 12.5 mg.	1 ct.	\$7.50
5083	Night Cold & Flu Softgels	-	16 ct.	\$8.50
5233	NyQuil® Liquid, 650 mg., 30 mg., 12.5 mg., 8 oz.	650 mg., 30 mg., 12.5 mg.	1 ct.	\$12.00
5235	NyQuil® Softgels LiquiCaps®, 325 mg., 15 mg., 6.25 mg.	325 mg., 15 mg., 6.25 mg.	16 ct.	\$12.00
5692	Personal Steam Inhaler	-	1 ct.	\$53.00
5005	Robitussin® DM Syrup, 200 mg., 20 mg., 4 oz.	200 mg., 20 mg.	1 ct.	\$11.00
5072	Saline Nasal Spray, 0.65%, 1.5 oz.	0.65%	1 ct.	\$4.00
5693	Sore Throat Lozenges, Cherry	-	18 ct.	\$5.00
5694	Sore Throat Spray, Cherry, 6 oz.	-	1 ct.	\$6.75
5007	Thera-Flu® Multi-Symptom, Lemon, 500 mg., 20 mg., 10 mg.	500 mg., 20 mg., 10 mg.	6 ct.	\$14.00
4094	Tussin CF Syrup, 200 mg., 20 mg., 10 mg., 4 oz.	200 mg., 20 mg., 10 mg.	1 ct.	\$3.75
5015	Tussin Congestion Relief Syrup, 200 mg., 4 oz.	200 mg.	1 ct.	\$5.00
5023	Tussin DM Sugar-Free Syrup, 100 mg., 10 mg., 4 oz.	100 mg., 10 mg.	1 ct.	\$7.00
5008	Tylenol <sup>®</sup> Sinus Congestion Caplets, 325 mg., 5 mg.	325 mg., 5 mg.	24 ct.	\$12.50
5511	Vapor Rub, 3.5 oz.	-	1 ct.	\$6.00
4066	Zicam <sup>®</sup> Cold Remedy RapidMelts <sup>®</sup>	-	25 ct.	\$18.50
5426	Zyrtec®, 10 mg.	10 mg.	14 ct.	\$22.00
Dental &	Denture Care			
5700	Biotene® Dry Mouth Oral Rinse, 16 oz.	-	1 ct.	\$14.00
5330	Dental Floss, Mint Waxed	-	1 ct.	\$3.50
5130	Dental Floss, Reach®, Mint Waxed	-	1 ct.	\$4.00
4127	Dental Night Guard	-	1 ct.	\$30.00
5168	Dental Travel Kit	-	1 ct.	\$7.00

ltem #	Description	Strength	Count	Price
5260	Denture Adhesive Cream, 2.4 oz.	-	1 ct.	\$5.00
5626	Denture Brush	-	1 ct.	\$3.00
5546	Denture Cleaning Tablets	-	40 ct.	\$5.50
5808	Efferdent® Plus Mint Tablets	-	44 ct.	\$9.00
5204	Efferdent® Tablets	-	20 ct.	\$3.00
5504	Fixodent® Cream, 0.75 oz.	-	1 ct.	\$4.00
5379	Fixodent® Cream, 2.4 oz.	-	1 ct.	\$7.00
5200	Interdental Flossers	-	90 ct.	\$4.50
4073	Interdental Gum Brushes	-	10 ct.	\$4.75
4128	Loose Cap and Filling Repair	-	1 ct.	\$5.00
5113	Mouthwash, 4 oz.	-	1 ct.	\$2.50
4110	Mouthwash, Listerine® Mint, 8.5 oz.	-	1 ct.	\$6.50
5195	Oral Pain Relief Gel, 20%, 0.33 oz.	20%	1 ct.	\$4.00
5701	Polident® Denture Cream, 3.9 oz.	-	1 ct.	\$8.50
5809	Polident® Overnight	-	84 ct.	\$13.00
5810	Tongue Cleaner	-	1 ct.	\$6.00
4129	Toothbrush Protector	-	1 ct.	\$1.75
5510	Toothbrush, Adult	-	1 ct.	\$2.00
6051	Toothbrush, Battery Powered	-	1 ct.	\$21.00
5101	Toothbrush, Colgate®, Adult Medium	-	1 ct.	\$3.50
5505	Toothbrush, Colgate®, Adult Soft	-	1 ct.	\$3.50
5160	Toothbrush, Rechargeable	-	1 ct.	\$42.50
5161	Toothbrush, Rechargeable Replacement Heads	-	2 ct.	\$18.00
5702	Toothbrush, Soft 2-pack	-	1 ct.	\$6.00
5241	Toothpaste Squeezer	-	1 ct.	\$3.50
5047	Toothpaste, Colgate <sup>®</sup> , 4 oz.	-	1 ct.	\$6.00
5811	Toothpaste, Crest® Sensi-Relief, 4.1 oz.	-	1 ct.	\$9.75
5102	Toothpaste, Fluoride, 6.4 oz.	-	1 ct.	\$5.50
5859	Toothpaste, Pepsodent®, 5.5 oz.	-	1 ct.	\$4.75
5421	Toothpaste, Sensitive Teeth, 4.3 oz.	-	1 ct.	\$5.00
4065	Toothpaste, Sensodyne® Extra Whitening Sensitive Teeth, 4 oz.	-	1 ct.	\$11.50
5530	Toothpaste, Travel Size, 0.85 oz.	-	1 ct.	\$1.25

ltem #	Description	Strength	Count	Price
5294	Toothpaste, Ultrabrite®, 6 oz.	-	1 ct.	\$5.00
5703	Water Jet Replacement Tips	-	5 ct.	\$17.00
5654	Water Jet, Battery Operated	-	1 ct.	\$47.50
Diabetes	Care			
5295	Alcohol Pads*	-	100 ct.	\$4.50
4109	Alcohol Pads, Large*	-	100 ct.	\$5.00
5812	Diabetic Skin Relief Foot Cream, 4 oz.	-	1 ct.	\$13.00
5225	Diabetic Socks, Black, Medium, 3-pack	-	1 ct.	\$9.00
5223	Diabetic Socks, Black, Large, 3-pack	-	1 ct.	\$9.00
5860	Diabetic Socks, Black, X-Large, 3-pack	-	1 ct.	\$9.00
5224	Diabetic Socks, White, Medium, 3-pack	-	1 ct.	\$9.00
5222	Diabetic Socks, White, Large, 3-pack	-	1 ct.	\$9.00
5861	Diabetic Socks, White, X-Large, 3-pack	-	1 ct.	\$9.00
6052	Diabetic Socks, Ultra Soft Padded, Black, Medium, 2-pack	-	1 ct.	\$11.00
6053	Diabetic Socks, Ultra Soft Padded, Black, Large, 2-pack	-	1 ct.	\$11.00
6054	Diabetic Socks, Ultra Soft Padded, Black, X-Large, 2-pack	-	1 ct.	\$11.00
6055	Diabetic Socks, Ultra Soft Padded, White, Medium, 2-pack	-	1 ct.	\$11.00
6056	Diabetic Socks, Ultra Soft Padded, White, Large, 2-pack	-	1 ct.	\$11.00
6057	Diabetic Socks, Ultra Soft Padded, White, X-Large, 2-pack	-	1 ct.	\$11.00
5313	Glucose Tablets	-	50 ct.	\$8.00
5528	Sharps Container, 1 qt.	-	1 ct.	\$5.00
Digestive	Health			
5214	Alka-Seltzer® Tablets	-	24 ct.	\$8.00
6004	Antacid / Anti-Gas Liquid, 12 oz.	-	1 ct.	\$6.00
5304	Antacid Chewables, 500 mg.	500 mg.	150 ct.	\$6.50
5438	Antacid Chewables, Extra Strength, 750 mg.	750 mg.	96 ct.	\$5.50
4063	Antacid Soft Chewables, Ultra Strength, 1,177 mg.	1,177 mg.	36 ct.	\$6.00
5060	Anti-Nausea Liquid, 4 oz.	-	1 ct.	\$5.00

ltem #	Description	Strength	Count	Price
6062	Beano®	-	30 ct.	\$10.00
5075	Bisacodyl Suppository, 10 mg.	10 mg.	12 ct.	\$4.50
5213	Bisacodyl Tablets, 5 mg.	5 mg.	100 ct.	\$3.75
5475	Colace® Caplets, 100 mg.	100 mg.	30 ct.	\$20.00
5420	Docusate Sodium Stool Softener Softgels, 100 mg.	100 mg.	100 ct.	\$7.50
5254	Dramamine® Tablets, 50 mg.	50 mg.	36 ct.	\$16.00
5238	Driminate Motion Sickness Tablets, 50 mg.	50 mg.	12 ct.	\$2.75
5477	Dulcolax® Suppository, 10 mg.	10 mg.	8 ct.	\$18.00
5554	Dulcolax® Tablets, 5 mg.	5 mg.	25 ct.	\$12.00
5466	Effervescent Tablets	-	36 ct.	\$6.00
5036	Enema, Mineral Oil, 4.5 oz.	-	1 ct.	\$4.00
5167	Enema, Saline Laxative, 4.5 oz.	-	1 ct.	\$2.00
5862	Esomeprazole Magnesium Acid Reducer, Delayed Release Tablets, 20 mg.*	20 mg.	42 ct.	\$17.00
5079	Famotidine Acid Reducer, 10 mg.*	10 mg.	30 ct.	\$6.50
5021	Fiber Laxative Caplets, 625 mg.	625 mg.	90 ct.	\$11.00
5028	Fleet® Saline Enema, 4.5 oz.	-	1 ct.	\$3.75
5280	Gas Relief Chewable Tablets, 80 mg.	80 mg.	100 ct.	\$7.00
5009	Gas-X <sup>®</sup> ES Chewables, 125 mg.	125 mg.	18 ct.	\$10.00
5188	Glycerin Suppositories	-	25 ct.	\$5.75
5043	Lactaid® Tablets, 9,000 FCC	9,000 FCC	32 ct.	\$15.00
5077	Lactase Enzyme Caplets, 9,000 FCC	9,000 FCC	60 ct.	\$9.00
4122	Lansoprazole Acid Reducer, Delayed Release Capsules, 15 mg.*	15 mg.	14 ct.	\$8.00
5429	Loperamide Anti-Diarrheal Caplets, 2 mg.*	2 mg.	12 ct.	\$6.50
4064	Loperamide Anti-Diarrheal Liquid, 1 mg., 4 oz.	1 mg.	1 ct.	\$6.00
4042	Loperamide Simethicone Anti-Diarrheal & Anti-Gas Caplets, 2 mg., 125 mg.*	2 mg., 125 mg.	12 ct.	\$6.00
5801	Magnesium Citrate, Saline Laxative, Lemon, 10 oz.	-	1 ct.	\$4.75
6033	Meclizine Motion Sickness Tablets, 12.5 mg.	12.5 mg.	100 ct.	\$7.50
5292	Metamucil®, Orange, 114 dose, 48 oz.	-	1 ct.	\$30.00

Item #	Description	Strength	Count	Price
5290	Metamucil <sup>®</sup> , Sugar-Free Orange, 72 dose, 15 oz.	-	1 ct.	\$26.00
5697	Methylcellulose Fiber Therapy, 16 oz.	-	1 ct.	\$12.00
5795	Milk of Magnesia, 12 oz.	-	1 ct.	\$4.50
5033	Natural Vegetable Laxative (Psyllium), 13 oz.	-	1 ct.	\$11.00
6037	Natural Vegetable Laxative (Psyllium), 30.4 oz.	-	1 ct.	\$17.00
6038	Natural Vegetable Laxative, Sugar-Free (Psyllium), 15 oz.	-	1 ct.	\$14.00
5056	Nexium®, 20 mg.*	20 mg.	14 ct.	\$17.00
5025	Omeprazole Acid Reducer, Delayed Release Tablets, 20 mg.*	20 mg.	14 ct.	\$9.50
5863	Omeprazole Acid Reducer, Delayed Release Tablets, 20 mg.*	20 mg.	42 ct.	\$24.00
5864	Omeprazole Acid Reducer, Delayed Release, Dissolvable Tablets, 20 mg.*	20 mg.	42 ct.	\$24.00
5217	Pepcid® AC, 10 mg.*	10 mg.	30 ct.	\$16.00
5286	Pepto-Bismol®, 525 mg., 8 oz.	525 mg.	1 ct.	\$8.00
5287	Pepto-Bismol®, 525 mg., 16 oz.	525 mg.	1 ct.	\$12.00
5289	Pepto-Bismol® Tablets, 262 mg.	262 mg.	30 ct.	\$8.00
5696	Polyethylene Glycol Powder Laxative, 8.3 oz.	-	1 ct.	\$14.00
5288	Prilosec OTC®, 20 mg.*	20 mg.	14 ct.	\$18.00
5212	Senna + Laxative Tablets, 50 mg., 8.6 mg.	50 mg., 8.6 mg.	60 ct.	\$4.50
5062	Stomach Relief Liquid, 525 mg., 8 oz.	525 mg.	1 ct.	\$5.50
5336	Stomach Relief Tablets, 262 mg.	262 mg.	30 ct.	\$5.00
5361	Tucks <sup>®</sup> Medicated Cooling Pads, 50%	50%	100 ct.	\$14.00
5800	TUMS® Extra Strength, 750 mg.	750 mg.	96 ct.	\$8.50
4147	TUMS® Smoothies Extra Strength, 750 mg.	750 mg.	60 ct.	\$10.00
4146	TUMS® Ultra Strength, 1,000 mg.	1,000 mg.	72 ct.	\$10.00
5247	Vitafusion® Fiber Gummy**	-	90 ct.	\$18.50

Item #	Description	Strength	Count	Price
Eye & Ea	r Care			'
5004	Artificial Tears Drops, 0.5 oz.	-	1 ct.	\$6.25
5487	Clear Eyes® Eye Drops, 0.2 oz.	-	1 ct.	\$5.00
5385	Cotton Swabs	-	300 ct.	\$4.50
5031	Ear Dry Drops, 1 oz.	-	1 ct.	\$7.50
5815	Ear Pain Relief Ear Drops, 10 ml.	-	1 ct.	\$12.50
5166	Ear Syringe	-	1 ct.	\$2.25
5189	Earwax Removal Drops, 6.5%, 0.5 oz.	6.5%	1 ct.	\$4.50
5704	Earwax Removal System with Rubber Bulb, 6.5%	6.5%	1 ct.	\$9.50
5138	Eye Wash Solution, 3.9 oz.	-	1 ct.	\$8.00
5041	Irritation Relief Eye Drops, 0.5 oz.	-	1 ct.	\$8.00
4096	Lubricating Eye Drops, 0.4%, 0.5 oz.	0.4%	1 ct.	\$10.00
4104	Lubricating Eye Drops, Refresh Plus®, 0.5%, 0.01 oz.	0.5%	50 ct.	\$29.00
4105	Lubricating Eye Drops, Refresh Tears®, 15 ml.	-	1 ct.	\$18.50
5705	Multi-Purpose Contact Lens Solution, 12 oz.	-	1 ct.	\$8.00
5473	Pain Relief Mask, Gel	-	1 ct.	\$7.00
5608	Q-Tips® Cotton Swabs	-	170 ct.	\$5.00
5513	Reading Glasses, Diopter +1.0	-	1 ct.	\$5.00
5514	Reading Glasses, Diopter +1.25	-	1 ct.	\$5.00
5515	Reading Glasses, Diopter +1.5	-	1 ct.	\$5.00
5516	Reading Glasses, Diopter +1.75	-	1 ct.	\$5.00
5517	Reading Glasses, Diopter +2.0	-	1 ct.	\$5.00
5518	Reading Glasses, Diopter +2.25	-	1 ct.	\$5.00
5519	Reading Glasses, Diopter +2.5	-	1 ct.	\$5.00
5520	Reading Glasses, Diopter +2.75	-	1 ct.	\$5.00
5521	Reading Glasses, Diopter +3.0	-	1 ct.	\$5.00
5522	Reading Glasses, Diopter +3.25	-	1 ct.	\$5.00
5523	Reading Glasses, Diopter +3.5	-	1 ct.	\$5.00
4041	Reading Glasses, Diopter +3.75	-	1 ct.	\$5.00
5524	Reading Glasses, Diopter +4.0	-	1 ct.	\$5.00
5048	Redness Relief Eye Drops, 0.5 oz.	-	1 ct.	\$4.50
5706	Stye Eye Compress	-	1 ct.	\$11.50

Item #	Description	Strength	Count	Price
5707	Stye Eye Ointment, 3.5 gm.	-	1 ct.	\$11.00
5494	Visine® Redness Relief Drops, 0.5 oz.	-	1 ct.	\$12.00
5619	Estroven® Menopause Relief**	-	30 ct.	\$17.00
4155	Feminine Anti-Itch Cream, 20%, 1 oz.	20%	1 ct.	\$3.75
5114	Feminine Hygiene Wipes	-	40 ct.	\$5.50
First Aid	& Medical Supplies			
5404	Adhesive First Aid Tape*	-	1 ct.	\$3.50
5682	Alcohol Swabs*	-	3 ct.	\$3.50
5816	Antiseptic Skin Cleanser, 8 oz.	-	1 ct.	\$11.00
6005	Antiseptic Towelettes	-	100 ct.	\$6.00
5798	Bacitracin Ointment, 1 oz.	-	1 ct.	\$5.00
5698	Bactine® Solution, 5 oz.	-	1 ct.	\$10.00
5151	Bandage, Stretch Gauze*	-	1 ct.	\$4.00
5173	Bandages, Assorted*	-	100 ct.	\$6.00
4061	Bandages, Finger and Knuckle	-	20 ct.	\$5.00
4093	Bandages, Knuckle	-	100 ct.	\$7.50
5128	Band-Aids®*	-	100 ct.	\$12.50
5203	Benadryl® Cream, 1 oz.	-	1 ct.	\$8.00
5547	Burn Relief Spray, 4 oz.	-	1 ct.	\$7.00
5199	Butterfly Closures	-	12 ct.	\$4.00
5066	Calamine Lotion, 6 oz.	-	1 ct.	\$5.00
5699	Caldyphen Clear Lotion Local Analgesic, 1%, 6 oz.	1%	1 ct.	\$7.00
5192	Cotton Balls	-	100 ct.	\$4.00
5866	Cotton Tipped Applicator, 6"	-	1,000 ct.	\$10.00
5078	Diphenhydramine Anti-Itch Cream, 2%, 1.25 oz.	2%	1 ct.	\$5.50
5194	Disposable Gloves, Nitrile, Small	-	100 ct.	\$17.00
5193	Disposable Gloves, Nitrile, Medium	-	100 ct.	\$17.00
5191	Disposable Gloves, Nitrile, Large	-	100 ct.	\$17.00
5930	Disposable Gloves, Nitrile, X-Large	-	100 ct.	\$17.00
5867	First Aid Kit, 20 Pieces	-	1 ct.	\$4.50
5612	First Aid Kit, 75 Pieces	-	1 ct.	\$9.00
5711	First Aid Kit, 175 Pieces	-	1 ct.	\$16.25
5605	Flex Seal™ Spray Bandage, 1.35 oz.*	-	1 ct.	\$7.00

ltem #	Description	Strength	Count	Price
5459	Gauze Pad, Sterile*	-	100 ct.	\$11.00
5433	Gauze Sponges, 4" x 4"*	-	25 ct.	\$7.00
5400	Hydrocortisone Cream, 1%, 1 oz.	1%	1 ct.	\$5.00
5527	Hydrogen Peroxide, 3%, 4 oz.	3%	1 ct.	\$2.50
5227	Hydrogen Peroxide, 3%, 8 oz.	3%	1 ct.	\$4.50
5317	Ice Bag	-	1 ct.	\$8.00
5045	Liquid Bandage, 0.3 oz.	-	1 ct.	\$9.00
5059	Neosporin® Ointment, 0.5 oz.	-	1 ct.	\$8.00
5250	Neosporin® Plus, 0.5 oz.	-	1 ct.	\$11.00
5437	Petroleum Jelly, 4 oz.	-	1 ct.	\$4.00
5712	Povidone Iodine Solution Antiseptic, 4 oz.	-	1 ct.	\$5.75
6079	PPE Kit (2 Pair Gloves, 1 Face Mask, 4 Alcohol Prep Pads)	-	1 kit	\$6.00
5817	Procedural Face Masks with Earloops	-	50 ct.	\$14.00
5541	Rubbing Alcohol, 70%, 16 oz.*	70%	1 ct.	\$5.00
5131	Tape, Paper Surgical, 1" x 10 yd.*	-	1 ct.	\$2.50
6042	Tape, Paper Surgical, 2" x 10 yd.*	-	1 ct.	\$3.50
6043	Tape, Silk Surgical, 1" x 10 yd.*	-	1 ct.	\$2.50
6044	Tape, Silk Surgical, 2" x 10 yd.*	-	1 ct.	\$3.50
6045	Tape, Transparent Surgical, 1" x 10 yd.*	-	1 ct.	\$2.50
6046	Tape, Transparent Surgical, 2" x 10 yd.*	-	1 ct.	\$3.50
4082	Tegaderm™ Patches, 2.375" x 2.75"	-	8 ct.	\$13.00
5544	Toe Separator	-	6 ct.	\$8.50
4039	Triple Antibiotic + Pain Relief Ointment, 1 oz.	-	1 ct.	\$6.00
5869	Triple Antibiotic Ointment, 1 oz.	-	1 ct.	\$5.50
5121	Warm & Cold Water Bottle	-	1 ct.	\$9.00
Foot Car	e			
4052	Arch Support, Adjustable	-	1 pair	\$28.00
5818	Bunion Guard	-	1 ct.	\$9.00
5219	Callus Cushions	-	6 ct.	\$2.75
5216	Clotrimazole Athlete's Foot Cream, 1%, 1.5 oz.	1%	1 ct.	\$4.00
5497	Compound W <sup>®</sup> Gel, 17%, 0.25 oz.	17%	1 ct.	\$13.00
5196	Corn & Callus Remover, 0.33 oz.	-	1 ct.	\$6.00

ltem #	Description	Strength	Count	Price
6018	Corn Remover Pads	-	9 ct.	\$5.75
5543	Foot Powder, 4 oz.	-	1 ct.	\$5.00
5819	Hammer Toe Crest	-	1 ct.	\$10.00
4124	Insoles for Men, Trim To Fit	-	1 pair	\$5.00
4125	Insoles for Women, Trim To Fit	-	1 pair	\$5.00
5667	Lamb's Wool Padding	-	1 ct.	\$4.00
5164	Liquid Wart Remover, 0.31 oz.	-	1 ct.	\$6.00
5013	Lotrimin® AF Cream, 1%, 0.42 oz.	1%	1 ct.	\$14.00
5158	Medicated Callus Removers	-	6 ct.	\$3.75
5431	Miconazole Nitrate, 2%, 1 oz.	2%	1 ct.	\$6.25
5159	Moleskin Sheets	-	4 ct.	\$4.00
4216	Plantar Fasciitis Sleeve, Small	-	1 ct.	\$14.00
4217	Plantar Fasciitis Sleeve, Medium	-	1 ct.	\$14.00
4218	Plantar Fasciitis Sleeve, Large	-	1 ct.	\$14.00
4219	Plantar Fasciitis Sleeve, X-Large	-	1 ct.	\$14.00
5162	Tinactin® Cream, 1%, 0.5 oz.	1%	1 ct.	\$17.00
4045	Toe Cushions, Foam (4-in-1)	-	1 pair	\$6.50
6049	Toe Protector, Small	-	1 ct.	\$8.00
6050	Toe Protector, Large	-	1 ct.	\$8.00
5165	Tolnaftate Antifungal Cream, 1%, 1.25 oz.	1%	1 ct.	\$5.00
Hemorri	noidal Preparations			
5414	Hemorrhoid Ointment, 2 oz.	-	1 ct.	\$6.00
5076	Hemorrhoid Pad, 50%	50%	100 ct.	\$8.00
5351	Hemorrhoid Suppository	-	12 ct.	\$6.75
4044	Preparation H <sup>®</sup> Cream, 1.8 oz.	-	1 ct.	\$25.00
5057	Preparation H <sup>®</sup> Ointment, 2 oz.	-	1 ct.	\$21.00
5820	Preparation H® Medicated Wipes	-	48 ct.	\$11.50
Home Di	agnostic & Patient Aids			
5813	Activity Tracker	-	1 ct.	\$55.00
4050	Automatic Pill Dispenser	-	1 ct.	\$120.00
5602	Bathroom Scale, Dial**1	-	1 ct.	\$20.00
5119	Bathroom Scale, Digital**1	-	1 ct.	\$47.50
5814	Bathroom Scale, Digital Talking**1	-	1 ct.	\$55.00
5562	Blood Pressure Monitor, Manual**	-	1 ct.	\$15.00

Item #	Description	Strength	Count	Price
5371	Blood Pressure Monitor, Upper Arm Automatic**	-	1 ct.	\$37.50
4428	Blood Pressure Monitor, Upper Arm Automatic, Adult (8.6"-11.8") & X-Large Cuff (16.5"-18.8")**	-	1 ct.	\$45.00
4100	Blood Pressure Monitor, Upper Arm, Omron®**	-	1 ct.	\$55.00
5573	Blood Pressure Monitor, Upper Arm Talking**	-	1 ct.	\$50.00
5370	Blood Pressure Monitor, Wrist**	-	1 ct.	\$35.00
4099	Blood Pressure Monitor, Wrist, Omron®**	-	1 ct.	\$62.50
5872	Blood Pressure Monitor, Wrist Talking**	-	1 ct.	\$42.50
5100	Button & Zipper Aid	-	1 ct.	\$6.00
6013	Cast, Bandage & Wound Protector, Arm	-	2 ct.	\$14.00
6014	Cast, Bandage & Wound Protector, Leg	-	2 ct.	\$14.00
6019	CPAP Mask Wipes	-	72 ct.	\$12.00
6020	CPAP Pillow Fiber Filled	-	1 ct.	\$47.50
6021	CPAP Pillow Memory Foam	-	1 ct.	\$80.00
5709	Cushion, Foam Ring	-	1 ct.	\$20.00
5710	Cushion, Gel/Foam Seat	-	1 ct.	\$30.00
5873	Cushion, Lumbar	-	1 ct.	\$21.00
4053	Deep Tissue Therapy Wand	-	1 ct.	\$55.00
4002	Drug Disposal System, 4 oz.	-	1 ct.	\$7.50
5874	Elastic Mattress Cover, 80" x 36" x 6"	-	1 ct.	\$7.00
5723	EZ Detect™ Colon Cancer Test Kit**	-	1 ct.	\$19.50
5201	Heart Rate Monitor Watch**	-	1 ct.	\$40.00
5778	HIV Test**	-	1 ct.	\$43.00
5124	Kitchen Scale, Dial**	-	1 ct.	\$7.00
5821	Kitchen Scale, Digital**	-	1 ct.	\$25.00
5500	Long Handle Bath Sponge	-	1 ct.	\$12.00
4154	Magnifying Glass	-	1 ct.	\$6.00
6034	Medical ID Bracelet, Diabetic	-	1 ct.	\$11.00
6035	Medical ID Bracelet, Heart	-	1 ct.	\$11.00
4003	Medication Lock Box	-	1 ct.	\$45.00
5822	Medicine Bottle Opener with Magnifier	-	1 ct.	\$10.00

ltem #	Description	Strength	Count	Price
5639	Night Light	-	1 ct.	\$6.00
9998	OTC Rapid Antigen Test, COVID-19, 2-Pack	-	1 ct.	\$30.00
4141	Pedometer	-	1 ct.	\$15.00
5246	Pill Bottle Opener Aid	-	1 ct.	\$8.00
5242	Pill Box, 7 Day, 1 Time a Day	-	1 ct.	\$3.75
5210	Pill Box, 7 Day, 4 Times a Day	-	1 ct.	\$7.00
5508	Pill Box, 7 Day, AM & PM	-	1 ct.	\$9.00
5823	Pill Crusher with Storage	-	1 ct.	\$9.50
5824	Pill Cutter with Safety Shield	-	1 ct.	\$7.00
5096	Pulse Oximeter**	-	1 ct.	\$40.00
5098	Reaching Aid Device	-	1 ct.	\$16.00
5656	Shoe Horn	-	1 ct.	\$2.00
5415	Thermometer Probe Cover	-	30 ct.	\$3.00
5149	Thermometer, 60 Second	-	1 ct.	\$3.00
6048	Thermometer, Digital Ear	-	1 ct.	\$30.00
5172	Thermometer, Flex Tip	-	1 ct.	\$7.50
5627	Thermometer, Talking Ear & Forehead	-	1 ct.	\$48.50
Home He	ealth Care	'	·	
5369	Adult Nebulizer Mask with Tubing**	-	1 ct.	\$4.00
4126	Cane Tip, 3/4"	-	1 ct.	\$4.00
5539	Cane, Adjustable Quad Bariatric*	-	1 ct.	\$37.00
5315	Cane, Adjustable Quad Standard*	-	1 ct.	\$22.00
6041	Cane, Adjustable Quad Large*	-	1 ct.	\$22.00
5538	Cane, Folding*	-	1 ct.	\$14.00
4075	Hypoallergenic Pillow	-	1 ct.	\$24.50
5491	Peak Flow Meter**	-	1 ct.	\$12.00
Incontin	ence Supplies			'
5525	A&D Ointment, 4 oz.	-	1 ct.	\$4.00
4095	A&D Plus Vitamin E Ointment, 13 oz.	-	1 ct.	\$7.00
6001	Adult Briefs, Medium (Adhesive Closure), 32" to 44"*	-	24 ct.	\$18.00
6002	Adult Briefs, Large (Adhesive Closure), 44" to 58"*	-	24 ct.	\$20.00
6003	Adult Briefs, X-Large (Adhesive Closure), 58" to 63"*	-	20 ct.	\$20.00

ltem #	Description	Strength	Count	Price
5447	Adult Washcloths Disposable*	-	48 ct.	\$7.00
5714	Attends® Discreet Men's Guard*	-	20 ct.	\$14.00
5879	Attends® Discreet Women's Moderate Bladder Control Pad*	-	20 ct.	\$9.00
5880	Attends® Discreet Women's Maximum Bladder Control Pad*	-	20 ct.	\$11.00
5715	Attends® Discreet Women's Ultimate Bladder Control Pad*	-	20 ct.	\$22.00
5881	Attends® Discreet Women's Panty Liner*	-	28 ct.	\$8.00
5716	Attends® Discreet Women's Ultrathin Pad*	-	20 ct.	\$8.00
4416	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, Medium, 34" to 44"*	-	18 ct.	\$35.00
4417	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, Large, 44" to 58"*	-	16 ct.	\$35.00
4418	Attends <sup>®</sup> Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, X-Large, 58" to 68"*	-	14 ct.	\$35.00
4419	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, XX-Large, 68" to 80"*	-	10 ct.	\$35.00
5717	Barrier Cream, 4 oz.	-	1 ct.	\$8.50
5825	Bathing Wipes	-	8 ct.	\$9.00
6011	Bedpan	-	1 ct.	\$3.00
5150	Bladder Control Pad, Adult*	-	14 ct.	\$7.00
4151	Bladder Control Pad, Heavy*	-	20 ct.	\$20.00
5720	Bladder Control Shaped Pad, Moderate Absorbency*	-	28 ct.	\$13.00
5718	Bladder Control Shaped Pad, Maximum Absorbency*	-	28 ct.	\$14.00
5719	Bladder Control Shaped Pad, Ultimate Absorbency*	-	28 ct.	\$17.00
5883	Disposable Underwear Pull-Up, Medium, 34" to 44"*	-	20 ct.	\$17.00
5882	Disposable Underwear Pull-Up, Large, 44" to 58"*	-	18 ct.	\$17.00
5884	Disposable Underwear Pull-Up, X-Large, 58" to 68"*	-	14 ct.	\$17.00

ltem #	Description	Strength	Count	Price
5529	Flushable Wipes*	-	24 ct.	\$7.50
5443	Lady's Washable Panty, Small*	-	1 ct.	\$22.00
5444	Lady's Washable Panty, Medium*	-	1 ct.	\$22.00
5445	Lady's Washable Panty, Large*	-	1 ct.	\$22.00
5446	Lady's Washable Panty, X-Large*	-	1 ct.	\$22.00
6030	Lantiseptic <sup>®</sup> Skin Protectant Ointment, 50%, 4 oz.	50%	1 ct.	\$10.00
5440	Men's Washable Underwear, Small*	-	1 ct.	\$22.00
5441	Men's Washable Underwear, Medium*	-	1 ct.	\$22.00
5439	Men's Washable Underwear, Large*	-	1 ct.	\$22.00
5442	Men's Washable Underwear, X-Large*	-	1 ct.	\$22.00
5885	No-Rinse Body Wash, 8 oz.	-	1 ct.	\$4.00
6040	Perineal Wash Rinse-Free, 8 oz.	-	1 ct.	\$4.75
6058	Underpad, Disposable, 23" x 24"*	-	50 ct.	\$16.50
5721	Underpad, Disposable, 23" x 36"*	-	15 ct.	\$12.00
5722	Underpad, Disposable, 30" x 30"*	-	10 ct.	\$11.00
6059	Underpad, Extra Absorbent Air Permeable, 30" x 36"*	-	5 ct.	\$14.50
4187	Urinal, Female	-	1 ct.	\$11.00
6032	Urinal, Male	-	1 ct.	\$3.75
5413	Zinc Oxide Ointment, 20%, 1 oz.	20%	1 ct.	\$2.75
Pain Rel	ief			
4423	Acetaminophen & Ibuprofen Dual Action Tablets, 250 mg. 125 mg.	250 mg. 125 mg.	36 ct.	\$8.00
5430	Acetaminophen Arthritis, 650 mg.	650 mg.	100 ct.	\$12.50
5303	Acetaminophen Extra Strength Tablets, 500 mg.	500 mg.	100 ct.	\$7.50
4421	Acetaminophen Headache Powders	-	24 ct.	\$9.00
6066	Acetaminophen Plus Aspirin & Caffeine, 250 mg., 250 mg., 65 mg.	250 mg., 250 mg., 65 mg.	100 ct.	\$7.00
5428	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	500 mg., 25 mg.	50 ct.	\$4.00
6039	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	500 mg., 25 mg.	100 ct.	\$8.00
5302	Acetaminophen Tablets, 325 mg.	325 mg.	100 ct.	\$4.00

ltem #	Description	Strength	Count	Price
4101	ActivlCE™ Pain Relief Gel, 4 oz.	-	1 ct.	\$12.00
5054	Advil® LiquiGels, 200 mg.	200 mg.	20 ct.	\$8.00
4145	Advil® PM Caplets, 200 mg., 38 mg.	200 mg., 38 mg.	20 ct.	\$9.00
5053	Advil® Tablets, 200 mg.	200 mg.	50 ct.	\$14.00
5375	After Bite® Relief, 0.5 oz.	-	1 ct.	\$6.50
5243	Aleve® Caplets, 220 mg.	220 mg.	24 ct.	\$8.00
5256	Aleve® Caplets, 220 mg.	220 mg.	90 ct.	\$17.00
4040	Aspercreme® with Lidocaine, 4%, 2.7 oz.	4%	1 ct.	\$13.00
4148	Aspercreme®, 10%, 3 oz.	10%	1 ct.	\$11.00
5073	Aspirin Chewables, Low Dose, 81 mg.	81 mg.	36 ct.	\$4.50
5297	Aspirin Tablets, 325 mg.	325 mg.	100 ct.	\$5.00
5064	Aspirin, Enteric Coated Tablets, 325 mg.	325 mg.	100 ct.	\$5.50
5090	Aspirin, Enteric Coated Tablets, Low Dose, 81 mg.	81 mg.	120 ct.	\$6.00
5205	Bayer® Aspirin, 325 mg.	325 mg.	100 ct.	\$12.00
5034	Bayer <sup>®</sup> Enteric Coated Aspirin, Low Dose, 81 mg.	81 mg.	32 ct.	\$6.50
5493	Bengay® Cream, 2 oz.	-	1 ct.	\$9.00
5251	Capsaicin Cream, 0.025%, 2.1 oz.	0.025%	1 ct.	\$7.00
4007	Capsaicin Heat Patch, 0.025%	0.025%	2 ct.	\$2.00
5080	Cold Hot Medicated Patch	-	5 ct.	\$10.00
4038	Diclofenac Arthritis Pain Relief Gel, 1%, 3.53 oz.	1%	1 ct.	\$13.00
4013	Eagle Brand Medicated Oil, 24 ml.	-	1 ct.	\$12.00
4014	Eagle Brand Medicated Oil, Lavender, 24 ml.	-	1 ct.	\$13.00
5363	Ecotrin <sup>®</sup> Enteric Coated Aspirin Tablets, 325 mg.	325 mg.	125 ct.	\$10.50
4062	Epsom Salt, 16 oz.	-	1 ct.	\$5.00
5011	Excedrin <sup>®</sup> Migraine Tablets, 250 mg., 250 mg., 65 mg.	250 mg., 250 mg., 65 mg.	24 ct.	\$8.00
5314	Fast Freeze® Pain Relief Spray, 4 oz.	-	1 ct.	\$11.50
6027	Heating Pad Digital, 12" x 15"*	-	1 ct.	\$45.00
5472	Heating Pad, 12" x 15"*	-	1 ct.	\$25.00
5726	Heating Pad, X-Large, 12" x 24"*	-	1 ct.	\$40.00

Item #	Description	Strength	Count	Price
5725	Heating Pad Wrap For Shoulder, Neck & Back, 25" x 26"*	-	1 ct.	\$70.00
5886	HeatWraps, Back & Hip	-	2 ct.	\$8.00
5887	HeatWraps, Neck & Shoulder	-	3 ct.	\$8.00
5020	Ibuprofen Chewables, 100 mg.	100 mg.	24 ct.	\$7.00
5401	Ibuprofen Liquid Gels, 200 mg.	200 mg.	20 ct.	\$4.75
5093	Ibuprofen Tablets, 200 mg.	200 mg.	50 ct.	\$4.00
5485	Ibuprofen Tablets, 200 mg.	200 mg.	100 ct.	\$6.50
4108	Icy Hot® Pain Relief Cream, 1.25 oz.	-	1 ct.	\$6.50
5342	Icy Hot® Pain Relief Roll-On, 16%, 2.5 oz.	16%	1 ct.	\$9.00
5341	Icy Hot® Patch, 5%	5%	5 ct.	\$8.00
4150	Lidocaine Pain Relief Cream, 4%, 2.7 oz.	4%	1 ct.	\$8.00
5888	Lidocaine Patch, 4%	4%	5 ct.	\$10.50
4008	Medicated Pain Relief Patch	-	60 ct.	\$7.00
4009	Medicated Pain Relief Patch, Large	-	6 ct.	\$7.00
5826	Menthol Gel, 8 oz.	-	1 ct.	\$7.75
5457	Muscle Rub Cream, 1.25 oz.	-	1 ct.	\$4.00
5017	Naproxen Sodium Caplets, 220 mg.	220 mg.	50 ct.	\$6.50
5889	Naproxen Sodium Caplets, 220 mg.	220 mg.	90 ct.	\$9.00
4107	Salonpas® Deep Pain Relief Gel, 2.75 oz.	-	1 ct.	\$12.50
5383	Salonpas® Patch	-	6 ct.	\$13.50
4106	Salonpas® Patch, Lidocaine, 4%	4%	6 ct.	\$14.00
4103	Salonpas® Patch, Small	-	60 ct.	\$14.00
4015	Siang Pure Oil Original Red Formula, 7 ml.	-	1 ct.	\$12.50
5366	Tens Unit, Analog	-	1 ct.	\$44.00
4036	Tens Unit, Digital	-	1 ct.	\$50.00
4019	Tiger Balm <sup>®</sup> Liniment, 2 oz.	-	1 ct.	\$9.00
5318	Tiger Balm <sup>®</sup> Muscle Rub, 2 oz.	-	1 ct.	\$9.50
4018	Tiger Balm <sup>®</sup> Ointment, Extra Strength, 0.63 oz.	-	1 ct.	\$8.00
4020	Tiger Balm <sup>®</sup> Ointment, Ultra Strength, 1.7 oz.	-	1 ct.	\$14.00
4016	Tiger Balm <sup>®</sup> Patch, Regular	-	5 ct.	\$7.00

ltem #	Description	Strength	Count	Price
4017	Tiger Balm® Patch, Large	-	4 ct.	\$8.00
5423	Tylenol® Extra Strength Tablets, 500 mg.	500 mg.	100 ct.	\$18.00
5425	Tylenol® PM Extra Strength Tablets, 500 mg.	500 mg.	24 ct.	\$11.00
5424	Tylenol® Regular Strength Tablets, 325 mg.	325 mg.	100 ct.	\$13.50
6065	Urinary Pain Relief, 95 mg.	95 mg.	30 ct.	\$9.50
5727	Wellpatch® Migraine	-	4 ct.	\$7.00
Pediculio	ide (Lice Treatment)			
5411	Lice Comb	-	1 ct.	\$1.75
5827	Lice Elimination Kit	-	1 kit	\$24.00
5024	Lice Treatment Shampoo, 4%, 4 oz.	4%	1 ct.	\$11.00
5390	Anti-Dandruff Shampoo, 11 oz.	-	1 ct.	\$5.50
4130	Medicated Body Powder, 8 oz.	-	1 ct.	\$3.00
Rehabili	tation, Therapy & Exercise	'		
6078	Eating Utensils, Weighted & Bendable	-	1 set	\$49.00
4012	Exercise DVD, Best of Season 1 Senior Exercise Program (with band)	-	1 ct.	\$35.00
4010	Exercise DVD, Simply Seated Senior Exercise Program	-	1 ct.	\$16.00
4011	Exercise DVD, Weight Loss Express Senior Exercise Program (with band)	-	1 ct.	\$27.00
6067	Exercise Resistance Band, X-Light	-	1 ct.	\$3.00
6068	Exercise Resistance Band, Light	-	1 ct.	\$3.00
6069	Exercise Resistance Band, Medium	-	1 ct.	\$3.00
6070	Exercise Resistance Band, Heavy	-	1 ct.	\$3.00
6071	Exercise Resistance Band, X-Heavy	-	1 ct.	\$3.00
6072	Exercise Resistance Band, 2X-Heavy	-	1 ct.	\$3.00
4026	Gel Hand Exerciser Ball, Extra Soft	-	1 ct.	\$9.00
4027	Gel Hand Exerciser Ball, Soft	-	1 ct.	\$9.00
4028	Gel Hand Exerciser Ball, Medium	-	1 ct.	\$9.00
4029	Gel Hand Exerciser Ball, Firm	-	1 ct.	\$9.00
4030	Gel Hand Exerciser Ball, Extra Firm	-	1 ct.	\$9.00
4031	Gel Hand Exerciser Ball, Set of 5 Resistances	-	1 ct.	\$38.50
4034	Hand Weight, 1 lb.	-	1 ct.	\$24.00

Item #	Description	Strength	Count	Price
4035	Hand Weight, 2 lb.	-	1 ct.	\$24.00
6073	Pedal Exerciser	-	1 ct.	\$50.00
6074	Rehab & Hip Kit (Reacher, Shoehorn, Sock Aid, Bath Sponge)	-	1 ct.	\$22.00
6075	Shoulder Pulley	-	1 ct.	\$17.00
6076	Sock Aid	-	1 ct.	\$6.00
6077	Stretch Strap	-	1 ct.	\$14.00
4033	Wrist & Ankle Cuff Weight, 1 lb.	-	1 ct.	\$24.00
4032	Wrist & Ankle Cuff Weight, 2.5 lb.	-	1 ct.	\$24.00
Skin Care				
5397	Acne Gel Benzoyl Peroxide, 10%, 1.5 oz.	10%	1 ct.	\$7.50
5535	Aloe Vera Cream, 6 oz.	-	1 ct.	\$4.50
4097	Aloe Vera Gel, 16 oz.	-	1 ct.	\$6.00
5890	Ammonium Lactate Moisturizing Lotion, 12%, 8 oz.	12%	1 ct.	\$8.00
5169	Anti-Bacterial Wet Wipes	-	20 ct.	\$4.50
5091	Dry Skin Cream, 16 oz.	-	1 ct.	\$10.50
4143	Hand Sanitizer Gel, 2 oz.	-	1 ct.	\$2.00
5924	Hand Sanitizer Gel, 8 oz.	-	1 ct.	\$5.00
5486	Insect Repellent, Cutter® Backwoods, 6 oz.	-	1 ct.	\$9.00
6036	Moisturizing Body Lotion with Aloe, 8 oz.	-	1 ct.	\$7.00
5665	Sunscreen, SPF 30, 4 oz.	-	1 ct.	\$7.00
5074	Diphenhydramine Sleep Tablets	-	50 ct.	\$6.00
5891	Nasal Strips, Medium	-	30 ct.	\$13.00
5892	Nasal Strips, Large	-	30 ct.	\$13.00
5340	Unisom® Tablets, 25 mg.	25 mg.	16 ct.	\$10.00
Smoking	Cessation			
5050	Nicotine Gum, 2 mg.**	2 mg.	20 ct.	\$9.00
5049	Nicotine Gum, 4 mg.**	4 mg.	20 ct.	\$9.00
5285	Nicotine Gum, 4 mg.**	4 mg.	50 ct.	\$20.00
5689	Nicotine Lozenge, 4 mg.**	4 mg.	72 ct.	\$38.00
5686	Nicotine Patches, Step 1, 21 mg. / 24 hr.**	21 mg./24 hr.	14 ct.	\$33.00
5687	Nicotine Patches, Step 2, 14 mg. / 24 hr.**	14 mg./24 hr.	14 ct.	\$33.00
5688	Nicotine Patches, Step 3, 7 mg. / 24 hr.**	7 mg./24 hr.	14 ct.	\$33.00

Item #	Description	Strength	Count	Price
Supports	s & Braces			
5395	Ankle Support	-	1 ct.	\$4.00
5146	Anti-Embolism Stockings, Small	-	1 pair	\$6.50
5148	Anti-Embolism Stockings, Medium	-	1 pair	\$6.50
5560	Anti-Embolism Stockings, Large	-	1 pair	\$6.50
5147	Anti-Embolism Stockings, X-Large	-	1 pair	\$6.50
5120	Arm Sling	-	1 ct.	\$11.00
5207	Arthritis Gloves, Small	-	1 pair	\$24.00
5208	Arthritis Gloves, Medium	-	1 pair	\$24.00
5209	Arthritis Gloves, Large	-	1 pair	\$24.00
6006	Arthritis Knee Sleeve, Small	-	1 ct.	\$24.00
6007	Arthritis Knee Sleeve, Medium	-	1 ct.	\$24.00
6008	Arthritis Knee Sleeve, Large	-	1 ct.	\$24.00
6009	Arthritis Knee Sleeve, X-Large	-	1 ct.	\$24.00
5893	Back Support Elastic, 24" to 46"	-	1 ct.	\$14.00
5894	Back Support Elastic with Lumbar	-	1 ct.	\$27.50
6090	Back Support with Suspenders, Small	-	1 ct.	\$19.50
6091	Back Support with Suspenders, Medium	-	1 ct.	\$19.50
6092	Back Support with Suspenders, Large	-	1 ct.	\$19.50
6093	Back Support with Suspenders, X-Large	-	1 ct.	\$19.50
5604	Back Support, Universal	-	1 ct.	\$25.00
5407	Carpal Tunnel Glove, Small	-	1 ct.	\$29.00
5408	Carpal Tunnel Glove, Medium	-	1 ct.	\$29.00
5409	Carpal Tunnel Glove, Large	-	1 ct.	\$29.00
5470	Carpal Tunnel Night Brace	-	1 ct.	\$30.00
5895	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Medium (Shoe Size 6-8)**	-	1 pair	\$15.00
5896	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Large (Shoe Size 7.5-11)**	-	1 pair	\$15.00
5897	Compression Knee-High Socks, 15-20 mmHg, Men's White, Medium (Shoe Size 6-8)**	-	1 pair	\$15.00
5898	Compression Knee-High Socks, 15-20 mmHg, Men's White, Large (Shoe Size 7.5-11)**	-	1 pair	\$15.00

ltem #	Description	Strength	Count	Price
5729	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Small (Shoe Size 4-5)**	-	1 pair	\$15.00
5899	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Medium (Shoe Size 5.5-7.5)**	-	1 pair	\$15.00
5900	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Large (Shoe Size 8-10.5)**	-	1 pair	\$15.00
5728	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Small (Shoe Size 4-5)**	-	1 pair	\$15.00
5901	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Medium (Shoe Size 5.5-7.5)**	-	1 pair	\$15.00
5902	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Large (Shoe Size 8-10.5)**	-	1 pair	\$15.00
5903	Deluxe Criss Cross Back Support, Small, 28" to 32"	-	1 ct.	\$19.00
5904	Deluxe Criss Cross Back Support, Medium, 33" to 37"	-	1 ct.	\$19.00
5905	Deluxe Criss Cross Back Support, Large, 38" to 42"	-	1 ct.	\$19.00
6024	Elastic Bandage, 2" x 4.5 yd.*	-	1 ct.	\$1.75
5398	Elastic Bandage, 3" x 5 yd.*	-	1 ct.	\$1.75
5152	Elastic Bandage, 4" x 5 yd.*	-	1 ct.	\$1.75
6025	Elastic Bandage, 6" x 5 yd.*	-	1 ct.	\$3.75
5906	Heel & Elbow Protector, Small	-	1 ct.	\$17.00
5907	Heel & Elbow Protector, Medium	-	1 ct.	\$17.00
5908	Heel & Elbow Protector, Large	-	1 ct.	\$17.00
5909	Heel & Elbow Protector, X-Large	-	1 ct.	\$17.00
5732	Hip Protector, Small	-	1 ct.	\$36.50
5731	Hip Protector, Medium	-	1 ct.	\$36.50
5730	Hip Protector, Large	-	1 ct.	\$36.50
5733	Hip Protector, X-Large	-	1 ct.	\$36.50
5526	Hot Cold Reusable Pack, 5" x 10"	-	1 ct.	\$4.00
5734	Knee Stabilizer	-	1 ct.	\$21.00
5735	Knee Support, Elastic, Small	-	1 ct.	\$7.00

ltem #	Description	Strength	Count	Price
5736	Knee Support, Elastic, Small with Stays	-	1 ct.	\$17.50
5910	Knee Support, Elastic, Medium	-	1 ct.	\$7.00
5911	Knee Support, Elastic, Medium with Stays	-	1 ct.	\$17.50
5912	Knee Support, Elastic, Large	-	1 ct.	\$7.00
5913	Knee Support, Elastic, Large with Stays	-	1 ct.	\$17.50
5914	Protective Arm Sleeve, Small	-	1 pair	\$19.00
5915	Protective Arm Sleeve, Medium	-	1 pair	\$19.00
5916	Protective Arm Sleeve, Large	-	1 pair	\$19.00
5917	Protective Arm Sleeve, X-Large	-	1 pair	\$19.00
5737	Rib Belt, Female, One Size Fits Most	-	1 ct.	\$14.50
5738	Rib Belt, Male, One Size Fits Most	-	1 ct.	\$14.50
5391	Support, Knee with U-Buttress, Medium	-	1 ct.	\$30.00
5392	Support, Knee with U-Buttress, Large	-	1 ct.	\$30.00
5388	Support, Knee with U-Buttress, X-Large	-	1 ct.	\$30.00
6047	Tennis Elbow Support	-	1 ct.	\$9.00
5561	Thumb Brace	-	1 ct.	\$13.00
4077	Wrist Compression, Small	-	1 ct.	\$9.00
4078	Wrist Compression, Medium	-	1 ct.	\$9.00
4079	Wrist Compression, Large	-	1 ct.	\$9.00
5389	Wrist Support	-	1 ct.	\$6.00
Vitamins	& Dietary Supplements			
4133	5-HTP Tablets, 200 mg.**	200 mg.	30 ct.	\$28.00
4054	Acidophilus Probiotics, 500 mm.**	500 mm.	100 ct.	\$9.00
4144	Alpha Lipoic Acid Capsule, 600 mg.**	600 mg.	30 ct.	\$17.00
5068	Antioxidant Tablets**	-	50 ct.	\$7.00
4149	Apple Cider Vinegar Tablet, 300 mg.**	300 mg.	250 ct.	\$10.00
4022	Ashwagandha Capsules**	-	60 ct.	\$26.50
6012	Beta Carotene, 7,500 mcg.**	7,500 mcg.	100 ct.	\$8.00
5359	Biotin Gummy, 5,000 mcg.**	5,000 mcg.	60 ct.	\$11.50
4426	Biotin Gummy, Sugar-Free, 5,000 mcg.**	5,000 mcg.	60 ct.	\$13.50
5300	Calcium, 600 mg.**	600 mg.	60 ct.	\$6.00
5355	Calcium + Vitamin D3 Gummy, 500 mg., 25 mcg.**	500 mg., 25 mcg.	60 ct.	\$13.50

ltem #	Description	Strength	Count	Price
5298	Calcium + Vitamin D3 Tablets, 600 mg.**	600 mg.	60 ct.	\$6.00
5739	Calcium Chew, Chocolate, 650 mg.**	650 mg.	60 ct.	\$10.00
5181	Calcium, Oyster Shell, 500 mg.**	500 mg.	100 ct.	\$6.00
4056	Centrum <sup>®</sup> Adults 50+ Gummy**	-	90 ct.	\$18.00
5001	Centrum® Silver Vitamins**	-	125 ct.	\$23.00
5000	Centrum® Vitamins**	-	130 ct.	\$24.00
4037	Chromium Picolinate, 200 mcg.**	200 mcg.	100 ct.	\$6.00
4024	Cinnamon Capsules, 1,000 mg.**	1,000 mg.	100 ct.	\$6.00
5402	Cod Liver Softgels, 400 mg.**	400 mg.	110 ct.	\$8.00
5156	Coenzyme Q-10, 100 mg.**	100 mg.	30 ct.	\$14.00
4131	Cranberry Capsules, 500 mg.**	500 mg.	90 ct.	\$6.50
5306	Daily Multivitamin**	-	100 ct.	\$3.00
5918	Daily Multivitamin Gummy**	-	120 ct.	\$14.00
4424	Daily Multivitamin Gummy, Sugar-Free**	-	60 ct.	\$14.50
6063	DHEA Hormonal Supplement, 25 mg.**	25 mg.	90 ct.	\$9.50
5182	Echinacea, 400 mg.**	400 mg.	100 ct.	\$10.00
5448	Eye Supplement Tablets**	-	60 ct.	\$5.00
5740	Ferrous Gluconate Iron Supplement, 240 mg.**	240 mg.	100 ct.	\$4.25
5299	Ferrous Sulfate Iron Supplement, 325 mg.**	325 mg.	100 ct.	\$4.50
5140	Fish Oil Softgels, 1,000 mg.**	1,000 mg.	60 ct.	\$10.00
5271	Flaxseed Oil Softgels, 1,000 mg.**	1,000 mg.	100 ct.	\$9.50
5071	Folic Acid, 400 mcg.**	400 mcg.	100 ct.	\$3.00
5668	Folic Acid, 800 mcg.**	800 mcg.	100 ct.	\$4.75
5069	Garlic Oil, 500 mg.**	500 mg.	100 ct.	\$10.00
4023	Ginkgo Biloba Capsules, 60 mg.**	60 mg.	50 ct.	\$5.00
4021	Ginseng Capsules, 200 mg.**	200 mg.	50 ct.	\$5.00
6026	Glucosamine (Joint Health Support), 500 mg.**	500 mg.	60 ct.	\$9.00
5176	Glucosamine Chondroitin, 1,500 mg., 1,200 mg.**	1,500 mg., 1,200 mg.	60 ct.	\$18.00
5919	Immune Support Chewables**	-	50 ct.	\$9.00
4081	Leg Cramps Pain Relief Caplets**	-	40 ct.	\$12.00
5436	Lutein, 20 mg.**	20 mg.	60 ct.	\$12.00

Item #	Description	Strength	Count	Price
5742	Magnesium, 250 mg.**	250 mg.	110 ct.	\$6.00
5328	Magnesium, 500 mg.**	500 mg.	100 ct.	\$8.00
4230	Magnesium Oxide, 400 mg.**	400 mg.	120 ct.	\$8.00
5273	Melatonin, 3 mg.**	3 mg.	90 ct.	\$8.00
5358	Melatonin Gummy, 5 mg.**	5 mg.	120 ct.	\$14.00
5743	Niacin, 100 mg.**	100 mg.	100 ct.	\$4.50
5184	Niacin, 500 mg.**	500 mg.	100 ct.	\$6.00
5255	Niacin Flush Free, 500 mg.**	500 mg.	60 ct.	\$10.00
5920	One Daily Men's Multivitamin**	-	100 ct.	\$8.50
5186	One Daily Women's Multivitamin**	-	100 ct.	\$8.50
5174	Potassium Gluconate, 595 mg.**	595 mg.	100 ct.	\$5.50
4069	Red Rice Yeast, 600 mg.**	600 mg.	60 ct.	\$10.00
5744	Rena-Vite**	-	100 ct.	\$7.00
5226	Selenium, 200 mcg.**	200 mcg.	60 ct.	\$5.00
5132	Senior Multivitamin**	-	90 ct.	\$7.00
4005	Senior Men's Multivitamin**	-	100 ct.	\$10.00
4006	Senior Women's Multivitamin**	-	100 ct.	\$10.00
5921	Stress Formula Tablets with Zinc**	-	60 ct.	\$5.00
4060	Sundown® Naturals Daily Multivitamin Gummy, Non-GMO**	-	50 ct.	\$11.00
4059	Sundown <sup>®</sup> Naturals Vitamin B-Complex, Non-GMO**	-	100 ct.	\$8.00
4025	Turmeric Capsules, 500 mg.**	500 mg.	60 ct.	\$7.00
5065	Vitamin A, 3,000 mcg.**	3,000 mcg.	100 ct.	\$6.50
5745	Vitamin B-1, 100 mg.**	100 mg.	100 ct.	\$6.00
5308	Vitamin B-12, 100 mcg.**	100 mcg.	100 ct.	\$4.00
5746	Vitamin B-12, 500 mcg.**	500 mcg.	100 ct.	\$6.50
6060	Vitamin B-12, 1,000 mcg.**	1,000 mcg.	100 ct.	\$10.00
5922	Vitamin B-12, Sublingual, 5,000 mcg.**	5,000 mcg.	30 ct.	\$7.50
4098	Vitamin B-50 Complex**	-	60 ct.	\$8.00
5747	Vitamin B-6, 100 mg.**	100 mg.	100 ct.	\$6.00
5305	Vitamin B-Complex**	-	100 ct.	\$4.00
5179	Vitamin B-Complex + Vitamin C**	-	100 ct.	\$7.00
5248	Vitamin B-Complex Gummy**	-	70 ct.	\$12.00

Item #	Description	Strength	Count	Price
5301	Vitamin C, 500 mg.**	500 mg.	100 ct.	\$6.50
5748	Vitamin C, 1,000 mg.**	1,000 mg.	100 ct.	\$10.50
5492	Vitamin C Gummy, 250 mg.**	250 mg.	60 ct.	\$11.00
5175	Vitamin D3, 10 mcg.**	10 mcg.	100 ct.	\$3.75
5183	Vitamin D3, 25 mcg.**	25 mcg.	100 ct.	\$9.50
5749	Vitamin D3, 125 mcg.**	125 mcg.	100 ct.	\$10.00
5356	Vitamin D3 Gummy, 50 mcg.**	50 mcg.	60 ct.	\$12.00
4425	Vitamin D3 Gummy, Sugar-Free, 50 mcg.**	50 mcg.	60 ct.	\$12.50
5750	Vitamin E, 45 mg.**	45 mg.	100 ct.	\$5.50
5269	Vitamin E, 180 mg.**	180 mg.	110 ct.	\$10.75
5274	Zinc Tablets, 50 mg.**	50 mg.	100 ct.	\$7.50

<sup>\*</sup> Under certain circumstances these items may be covered under either Part B or Part D. When an item is covered by Part B or D due to particular circumstances, you would not use your OTC benefit to obtain this item because it is Medicare-covered in those circumstances.

<sup>\*\*</sup> Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

<sup>&</sup>lt;sup>1</sup> Scales are only available to members with congestive heart failure or liver disease, to monitor fluid retention. This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the OTC items are trademarks of each company. Item costs may change from year to year. Please review the product labeling and consult with your doctor with any health or medical questions. To see the most up-to-date version of the catalog, visit your MyBenefits portal. NationsBenefits reserves the right the to limit the quantities of OTC items dispensed.

# **Bathroom Safety Devices Catalog**

### How do I order?



ORDER BY MAIL

Complete the order form included in this catalog and mail it to the address at the bottom of the form.



### ORDER BY PHONE

Call 1-844-479-6334 (TTY:711). Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year.



### ORDER ONLINE

Visit **NationsOTC.com/DualPrime** to place your order online. Allow two days for delivery after your order is processed for your product(s) to arrive.

### What is my allowance?



### **BATHROOM SAFETY DEVICES**

Through this catalog, you can order 2 Bathroom Safety Devices, all at no cost to you! The plan is not responsible for any costs associated with the assembly and/or installation of these items. Both Bathroom Safety Devices must be ordered at the same time and cannot be split into 2 separate orders.

### Bathroom Safety Devices Order Form



STEP 1—COMPLETE YOUR INFORMATION BELOW						
Member ID (found on Health ID card):		Date of Birth:				
First Name:		Last Name:				
Address:			Apt. #:			
City		State	ZIP			
Phone:	Email (option	al):				

### STEP 2—PRODUCT SELECTION

Cash, checks, credit cards or money orders are not accepted under this bathroom safety devices benefit.

ITEM #	PRODUCT NAME	QUANTITY	PRICE
			\$
			\$

### STEP 3—MAIL COMPLETED FORM

Mail this completed form to the following address:

NationsOTC

1801 NW 66th Avenue

Suite 100

Plantation, FL 33313

If you have any questions or need assistance placing your order, please call us at 1-844-479-6334 (TTY: 711). Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year. Language support services are available if needed.

I understand that the phone numbers and/or emails I provided on this form may be used by the health plan or any of its contracted parties to contact me about my account, my health benefit plan or related programs, or services provided to me.

CareFirst BlueCross BlueShield Medicare Advantage is the shared business name of CareFirst Advantage DSNP, Inc. and CareFirst Advantage, Inc., which are independent licensees of the Blue Cross and Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

### Bathroom Safety Devices Catalog

ltem #	Description	Strength	Count	Price
5647	Bath Mat, Non-Skid	-	1 ct.	\$14.00
5851	Bath Safety Bench with Back	-	1 ct.	\$57.50
5537	Bath Safety Bench without Back	-	1 ct.	\$45.00
4051	Bath Safety Bench without Back, Bariatric	-	1 ct.	\$65.00
5802	Bed Assist Bar	-	1 ct.	\$55.00
4159	Bed Wedge	-	1 ct.	\$55.00
5708	Bedside Commode*	-	1 ct.	\$75.00
5803	Gait Belt, 60"	-	1 ct.	\$15.00
5804	Gait Belt, 72"	-	1 ct.	\$15.00
5591	Handheld Shower Head	-	1 ct.	\$25.00
5218	Knurled Chrome Grab Bar, 12"	-	1 ct.	\$17.00
5542	Knurled Chrome Grab Bar, 24"	-	1 ct.	\$22.00
5805	Knurled Chrome Grab Bar, 32"	-	1 ct.	\$34.00
5532	Raised Toilet Seat, Locking	-	1 ct.	\$35.00
5534	Raised Toilet Seat with Arms	-	1 ct.	\$45.00
4071	Safety Treads, Tub & Stair	-	1 pack	\$4.75
5853	Shower Mat, Non-Skid	-	1 ct.	\$14.00
5806	Slipper Socks, One Size Fits Most	-	1 ct.	\$5.50
5533	Toilet Safety Rails	-	1 ct.	\$45.00
5536	Transfer Bench, Adjustable	-	1 ct.	\$90.00
5230	Tub Safety Bar	-	1 ct.	\$40.00
5032	Tub Safety Bar, Suction 12"	-	1 ct.	\$16.00

<sup>\*</sup> Under certain circumstances these items may be covered under either Part B or Part D. When an item is covered by Part B or D due to particular circumstances, you would not use your OTC benefit to obtain this item because it is Medicare-covered in those circumstances.

### **Bathroom Safety Devices Catalog**

### What can I order?

Products in the 2024 OTC and Bathroom Safety Devices Catalog can be ordered. These products may change throughout the year. For the most up-to-date listing of covered products, go to www.NationsOTC.com/DualPrime.

Please refer to your 2024 Evidence of Coverage for details regarding your OTC and Bathroom Safety Devices benefits. These benefits may change each year on January 1. Your order may not exceed your maximum benefit allowance. Limitations and restrictions may apply. Cash, checks, credit cards, or money order are not accepted.

It is important to note that the OTC products and Bathroom Safety Devices are intended for members' health and medical use only. The health information provided in this catalog is general in nature and is not medical advice or a substitute for professional healthcare. CareFirst BlueCross BlueShield Medicare Advantage prohibits the use of the OTC benefit to order OTC products for family members and friends. Returns are not accepted due to the personal nature of these OTC products and Bathroom Safety Devices.

The plan is not liable for improper assembly, installation, repairs, or other modification. Members are responsible for any, and all costs associated with the assembly and/or installation.

### Who do I call if I have questions?

Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year to assist you. Call 1-844-479-6334 (TTY:711)

### **Notices**

CareFirst BlueCross BlueShield Medicare Advantage is an HMO-SNP Plan with a Medicare contract and a State of Maryland Medicaid contract. Enrollment in CareFirst BlueCross BlueShield Medicare Advantage depends on contract renewal.

CareFirst BlueCross BlueShield Medicare
Advantage is the shared business name of
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association of independent Blue Cross and Blue
Shield Plans.

This information is available for free in other languages. Please call us 24 hours per day, 7 days per week, 365 days per year at 1-844-479-6334 (TTY:711).

The health information provided in the catalog is general in nature and is not medical advice or a substitute for professional health care. This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. If an item selected is unavailable, it will be substituted for a similar product of equal or higher value at no additional cost.



1-844-479-6334 (TTY:711)

24 hours per day, 7 days per week, 365 days per year

NationsOTC.com/DualPrime

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# Notice of Nondiscrimination and Multi-Language Insert

(Updated 8/5/19)

CareFirst BlueCross BlueShield, CareFirst BlueChoice, Inc., CareFirst Diversified Benefits and all of their corporate affiliates (CareFirst) comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex. CareFirst does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

### CareFirst:

- Provides free aid and services to people with disabilities to communicate effectively with us, such as:
  - □ Qualified sign language interpreters
  - □ Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - □ Information written in other languages

### If you need these services, please call 1-844-386-6762.

If you believe CareFirst has failed to provide these services, or discriminated in another way, on the basis of race, color, national origin, age, disability or sex, you can file a grievance with our CareFirst Civil Rights Coordinator by mail, fax or email. If you need help filing a grievance, our CareFirst Civil Rights Coordinator is available to help you.

To file a grievance regarding a violation of federal civil rights, please contact the Civil Rights Coordinator as indicated below. <u>Please do not send payments, claims issues, or other</u> documentation to this office.

### **Civil Rights Coordinator, Corporate Office of Civil Rights**

Mailing Address P.O. Box 8894

Baltimore, Maryland 21224

Email Address civilrightscoordinator@carefirst.com

Telephone Number 410-528-7820 Fax Number 410-505-2011

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

CareFirst BlueCross BlueShield Medicare Advantage is the business name of CareFirst Advantage, Inc., CareFirst Advantage PPO, Inc., and CareFirst Advantage DSNP, Inc., independent licensees of the Blue Cross and Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

CareFirst BlueCross BlueShield is the shared business name of CareFirst of Maryland, Inc. and Group Hospitalization and Medical Services, Inc. CareFirst of Maryland, Inc., Group Hospitalization and Medical Services, Inc., CareFirst BlueChoice, Inc., The Dental Network and First Care, Inc. are independent licensees of the Blue Cross and Blue Shield Association. In the District of Columbia and Maryland, CareFirst MedPlus is the business name of First Care, Inc. In Virginia, CareFirst MedPlus is the business name of First Care, Inc. of Maryland (used in VA by: First Care, Inc.). The Blue Cross® and Blue Shield® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

### Multi-Language Insert

### Multi-language Interpreter Services

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-844-386-6762. Someone who speaks English/Language can help you. This is a free service.

**Spanish:** Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-844-386-6762. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务,请致电 1-844-386-6762。我们的中文工作人员很乐意帮助您。这是一项免费服务。

**Chinese Cantonese:** 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯 服務。如需翻譯服務,請致電 1-844-386-6762。我們講中文的人員將樂意為您提供幫助。這 是一項免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-844-386-6762. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

**French:** Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-844-386-6762. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-844-386-6762 sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí.

**German:** Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-844-386-6762. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

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Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-844-386-6762 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-844-386-6762. Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول 1.38-444-1 المترجم فوري، ليس عليك سوى الاتصال بنا على 6762-386-444-1 سيقوم شخص ما يتحدث العربية 1.344-1 مترجم فوري، ليس عليك سوى الاتصال بنا على 6762-386-444-1 سيقوم شخص ما يتحدث العربية مجانية

Hindi: हमारे सवास य या दवा की योजना केबारे में आपके सी भी पर न केजवाब देने केलिए हमारे पास मुफत दुभाषिया सेवाएँ उलपब है. एक दुभाषियापत करने केलिए, बस हमे 1-844-386-6762पर फोन करें कोई वयकतक्त जो हिनदी बोलता है आपकी मदद कर सकता है. यह एक मुफत सेवा है.

**Italian:** È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-844-386-6762. Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

**Portugués:** Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-844-386-6762. Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-844-386-6762. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

**Polish:** Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-844-386-6762. Ta usługa jest bezpłatna.

Japanese: 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするために、無料の通訳サービスがありますございます。通訳をご用命になるには、1-844-386-6762 にお電話ください。日本語を話す人 者 が支援いたします。これは無料のサービスです。

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