## Marymount University

Formulary 2 = 4-Tier = Integrated Deductible = 20% Coinsurance = 50% Injectibles Coinsurance

Plan Feature	Amount You Pay	Description
Deductible	See medical summary of benefits for annual deductible amount	If you meet your combined medical and drug deductible, you will pay a different copay or coinsurance depending on the drug tier. Drugs not subject to any deductible are noted below.
Out-of-Pocket Maximum	See medical summary of benefits for annual out-of-pocket amount	If you reach your out-of-pocket maximum, CareFirst or CareFirst BlueChoice will pay 100% of the applicable allowed benefit for most covered services for the remainder of the year. All deductibles, copays, coinsurance and other eligible out-of-pocket costs count toward your out-of-pocket maximum, except balance billed amounts.
<b>Preventive Drugs</b> (up to a 34-day supply)	\$0 (not subject to deductible)	A preventive drug is a prescribed medication or item on CareFirst's Preventive Drug List.*
Oral Chemotherapy Drugs and Diabetic Supplies (up to a 34-day supply)	\$0 (not subject to deductible except for HSA/HRA plans)	Diabetic supplies include needles, lancets, test strips and alcohol swabs.
Generic Drugs (Tier 1) (up to a 34-day supply)	20% coinsurance \$10 min/\$20 max	Generic drugs are covered at this copay level.
Preferred Brand Drugs (Tier 2) (up to a 34-day supply)	20% coinsurance \$25 min/\$50 max	All preferred brand drugs are covered at this copay level.
Non-preferred Brand Drugs (Tier 3) (up to a 34-day supply)	20% coinsurance \$40 min/\$80 max	All non-preferred brand drugs on this copay level are not on the Preferred Drug List.* Discuss using alternatives with your physician or pharmacist.
Self-administered Injectables (excluding insulin) (Tier 4) (up to a 34-day supply)	50% coinsurance up to a maximum payment of \$100	All self-administered injectable drugs (excluding insulin) are covered at this payment level. Insulin is covered at appropriate copay level.
<b>Maintenance Drugs</b> (up to a 90-day supply)	Generic: = 20% coinsurance = \$20 min/\$40 max Preferred Brand: = 20% coinsurance = \$50 min/\$100 max Non-preferred Brand: = 20% coinsurance = \$80 min/\$160 max Self-administered Injectables: 50% coinsurance, up to a maximum payment of \$200	Maintenance drugs of up to a 90-day supply are available for twice the copay through Mail Service Pharmacy or retail pharmacy. Injectables (excluding insulin) are covered at 50% coinsurance up to a maximum payment of \$200.
Restricted Generic Substitution	If a provider prescribes a non-preferred brand drug when a generic is available, you will pay the non-preferred brand copay or coinsurance PLUS the cost difference between the generic and brand drug up to the cost of the prescription. If a generic version is not available, you will only pay the copay or coinsurance. Also, if your prescription is written for a brand-name drug and DAW (dispense as written) is noted by your doctor, you will only pay the copay or coinsurance.	
( Prescription guidelin	marymount for the most up-	to-date drug lists, including the prescription guidelines. your doctor to obtain prior authorization from CareFirst befor

This plan summary is for comparison purposes only and does not create rights not given through the benefit plan. Policy Form Numbers: VA/CFBC/RX3 (R. 8/12) • VA/CF/RX3 (R. 8/12)



## Family of health care plans

CareFirst BlueCross BlueShield is the shared business name of CareFirst of Maryland, Inc. and Group Hospitalization and Medical Services, Inc. CareFirst BlueCross BlueShield Medicare Advantage is the shared business name of CareFirst Advantage, Inc., CareFirst Advantage PPO, Inc. and CareFirst Advantage DSNP, Inc. CareFirst BlueCross BlueShield Community Health Plan Maryland is the business name of CareFirst Community Partners, Inc. In the District of Columbia and Maryland, CareFirst MedPlus is the business name of First Care, Inc. In Virginia, CareFirst MedPlus is the business name of First Care, Inc. of Maryland (used in VA by: First Care, Inc.). CareFirst of Maryland, Inc., Group Hospitalization and Medical Services, Inc., CareFirst Advantage, Inc., CareFirst Advantage PPO, Inc., CareFirst Advantage DSNP, Inc., CareFirst Care, Inc. In Virginia, Columbia, CareFirst BlueChoice, Inc., First Care, Inc., of Maryland (used in VA by: First Care, Inc.). CareFirst BlueCross BlueShield Community Health Plan District of Columbia, CareFirst BlueChoice, Inc., First Care, Inc., and The Dental Network, Inc., are independent licensees of the Blue Cross and Blue Shield Association. BLUE CROSS<sup>®</sup>, BLUE SHIELD<sup>®</sup> and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans. Below are limitations and exclusions contained in your CareFirst BlueChoice or CareFirst medical policy to which the prescription rider is attached.

### Medical Limitations and Exclusions—CareFirst BlueChoice

10.1 Coverage is Not Provided For:

- Any service, supply or item that is not Medically Necessary. Α. Although a service may be listed as covered, benefits will be provided only if the service is Medically Necessary as determined by CareFirst BlueChoice.
- Services that are Experimental/Investigational or not in Β. accordance with accepted medical or psychiatric practices and standards in effect at the time the service in question is rendered, as determined by CareFirst BlueChoice. C
  - The cost of services that:
  - Are furnished without charge; or
     Are normally furnished without charge to persons without health insurance coverage; or
  - Would have been furnished without charge if the Member 3. was not covered under the Evidence of Coverage or under any health insurance.
- D. Services that are not described as covered in the Evidence of Coverage or that do not meet all other conditions and criteria for coverage, as determined by CareFirst BlueChoice. Referral by a Primary Care Physician and/or the provision of services by a Contracting Provider does not, by itself, entitle a Member to benefits if the services are not covered or do not otherwise meet the conditions and criteria for coverage.
- Except for Emergency Services, Urgent Care and follow-up care after emergency surgery, benefits will not be provided for any service(s) provided to a Member by Non-Contracting Physicians or Non-Contracting Providers, unless written prior authorization is specifically obtained from CareFirst BlueChoice.
- Routine, palliative or cosmetic foot care (except for conditions F. determined by CareFirst BlueChoice to be Medically Necessary) including flat foot conditions, supportive devices for the foot, treatment of subluxations of the foot, care of corns, bunions (except capsular or bone surgery), calluses, toe nails, fallen arches, weak feet, chronic foot strain, and symptomatic complaints of the feet.
- Except for treatment for Accidental Injury or benefits for Oral Surgery as described above, dental care including extractions; G. treatment of cavities; care of the gums or bones supporting the teeth; treatment of periodontal abscess; removal of impacted teeth; orthodontia, except for the treatment of a cleft lip or cleft palate; false teeth; or any other dental services or supplies. These services may be covered under a separate rider purchased by the Group and attached to the Evidence of Coverage.
- H. Benefits will not be provided for cosmetic surgery (except as specifically provided for reconstructive breast surgery and reconstructive surgery as listed above) or other services primarily intended to correct, change or improve appearances.
- Treatment rendered by a health care provider who is a member ١. of the Member's family (parents, spouse, brothers, sisters, children).
- J. Any prescription drugs obtained and self-administered by the Member for outpatient use unless the prescription drug is specifically covered under the Evidence of Coverage. Medications that can be self-administered or do not medically require administration by or under the direction of a physician are not covered even though they may be dispensed or administered in a physician office or provider facility. Benefits for prescription drugs may be available through a rider purchased by the Group and attached to the Evidence of Coverage.
- All non-prescription drugs, medications, biologicals, and Over-the-Counter disposable supplies, routinely obtained and self-administered by the Member, except as stated in the Description of Covered Services. Over-the-Counter means any item or supply, as determined by CareFirst BlueChoice, that is available for purchase without a prescription, unless otherwise a Covered Service. This includes, but is not limited to, nonprescription eye wear, family planning and contracetion products, cosmetics or health and beauty aids, food and nutritional items, support devices, non-medical items, foot care

items, first aid and miscellaneous medical supplies (whether disposable or durable), personal hygiene supplies, incontinence supplies, and Over-the-Counter medications and solutions.

- Any procedure or treatment designed to alter an individual's L.
- Any procedure of treatment designed to alter an individual's physical characteristics to those of the opposite sex. Services to reverse voluntary, surgically induced infertility, such as a reversal of a sterilization. M
- All assisted reproductive technologies (except artificial N. insemination and intrauterine insemination), including in vitro fertilization, gamete intra-fallopian tube transfer, zygote intrafallopian transfer cryogenic preservation or storage of eggs and embryo and related evaluative procedures, drugs, diagnostic services and medical preparations related to the same unless covered under a rider purchased by the Group and attached to the Evidence of Coverage.
- Fees or charges relating to fitness programs, weight loss or Ο. weight control programs; physical conditioning; pulmonary rehabilitation programs; exercise programs; and use of passive or patient-activated exercise equipment.
- Treatment for obesity except for the surgical treatment of Ρ. Morbid Obesity.
- Q. Medical or surgical treatment of myopia or hyperopia. Coverage is not provided for radial keratotomy and any other forms of refractive keratoplasty, or any complications. Services furnished as a result of a referral prohibited by law.
- Services solely required or sought on the basis of a court order S. or as a condition of parole or probation unless authorized or approved by CareFirst BlueChoice.
- Health education classes and self-help programs, other than birthing classes or for the treatment of diabetes. Τ.
- U. Acupuncture services except when approved or authorized by CareFirst BlueChoice when used for anesthesia.
- Any service related to recreational activities. This includes, V. but is not limited to sports, games, equestrian, and athletic training. These services are not covered unless authorized or approved by CareFirst BlueChoice even though they may have therapeutic value or be provided by a health care provider.
- Coverage under this Description of Covered Services does not W. include the cost of services or payment for services for any illness, injury or condition for which, or as a result of which, a Benefit (as defined below) is provided or is required to be provided either:
  - Under any federal, state, county or municipal workers' compensation or employer's liability law or other similar program: or
  - 2. From any federal, state, county or municipal facility or other government agency, including, in the case of serviceconnected disabilities, the Veterans Administration, to the extent that Benefits are payable by the federal, state, county or municipal facility or other government agency and provided at no charge to the Member, but excluding Medicare benefits and Medicaid benefits. Benefit as used in this provision includes a payment or any other benefit, including amounts received in settlement of a claim for benefits.
- Private duty nursing. Non-medical, health care provider services, including, but not limited to:
  - Telephone consultations, failure to keep a scheduled 1. visit, completion of forms, copying charges or other administrative services provided by the health care practitioner or the healthcare practitioner's staff.
  - Administrative fees charged by a physician or medical 2 practice to a Member to retain the physician's or medical practices services, e.g., "concierge fees" or boutique medical practice membership fees. Benefits under this Description of Covered Services are available for Covered Services rendered to the Member by a health care provider. Educational therapies intended to improve
- Ζ. academic performance.
- AA. Vocational rehabilitation and employment counseling. BB. Routine eye examinations, frames and lenses or contact lenses. Benefits for routine eye examinations, frames and lenses or contact lenses or contact lenses may be available through a rider purchased by the Group and attached to the Evidence of Coverage.
- CC. Custodial, personal, or domiciliary care that is provided to meet the activities of daily living, e.g., bathing, toileting and eating (care which may be provided by persons without professional medical skills or training).

- DD. Work hardening programs. Work hardening programs are highly specialized rehabilitation programs designed to simulate workplace activities and surroundings in a monitored environment with the goal of conditioning the participant for a return to work.
- EE. Treatment of sexual dysfunctions or inadequacies including,
- EE. Treatment of sexual dysfunctions or inadequacies including, but not limited to, surgical implants for impotence, medical therapy, and psychiatric treatment.
   FF. Travel (except for Medically Necessary air transportation and ground ambulance, as determined by CareFirst BlueChoice, and CareFirst BlueChoice approved services listed in the Transplants section of this Description of Covered Services).
   G. Durable Medical Equipment or Surplice associated or used in
- GG. Durable Medical Equipment or Supplies associated or used in conjunction with non-covered items or services.
- HH. Services required solely for employment, insurance, foreign travel, school, camp admissions or participation in sports activities.

#### 10.2 Infertility Services.

Coverage for Artificial Insemination (and intrauterine insemination) does not include the following:

- Any costs associated with freezing, storage or thawing of sperm for future attempts or other use.
- Any charges associated with donor sperm. В.
- Infertility services that include the use of any surrogate or C. gestational carrier service.
- Infertility services when the infertility is a result of elective male D. or female surgical sterilization procedures, with or without reversal.
- E. Infertility services for domestic partners or common law
- spouses, except in those states that recognize those unions. F.
- All self-administered fertility drugs.

#### Organ and Tissue Transplants. 10.3

Benefits will not be provided for the following:

- Non-human organs and their implantation. Any Hospital or professional charges related to any
- Β. accidental injury or medical condition for the donor of the transplant material.
- Any charges related to transportation, lodging, and meals unless authorized or approved by CareFirst BlueChoice. C.
- D. Services for a Member who is an organ donor when the recipient is not a Member.
- Benefits will not be provided for donor search services.
- F. Any service, supply or device related to a transplant that is not listed as a benefit in this Description of Covered Services.

10.4 Inpatient Hospital Services.

- Coverage is not provided for the following:
- A. Private room, unless Medically Necessary and authorized or approved by CareFirst BlueChoice. If a private room is not authorized or approved, the difference between the charge for the private room and the charge for a semiprivate room will not be covered.
- Non-medical items and convenience items, such as television, Β. phone rentals, guest trays and laundry charges.
- Except for covered Emergency Services and Childbirth, a Hospital admission or any portion of a Hospital admission that had not been authorized or approved by CareFirst BlueChoice, whether or not services are Medically Necessary and/or meet all other conditions for coverage.
- D. Private duty nursing.

10.5 Home Health Services.

- Coverage is not provided for:
- Private duty nursing. Α.
- Β. Custodial Care.
- Services in the Member's home if it is outside the Service Area. C.

10.6 Hospice Benefits.

- Coverage is not provided for:
- Services, visits, medical equipment or supplies that are not included in the CareFirst BlueChoice-approved plan of treatment.
- Services in the Member's home if it is outside the Service Area. B.
- Financial and legal counseling. Any service for which a Qualified Hospice Care Program does D. not customarily charge the patient or his or her family.

- Chemotherapy or radiation therapy, unless used for E. symptom control.
- Services, visits, medical/surgical equipment or supplies; F. including equipment and medication not required to maintain the comfort and to manage the pain of the terminally ill Member.
- Reimbursement for volunteer services. G.
- Custodial Care, domestic or housekeeping services. Н.
- Meals on Wheels or similar food service arrangements. Rental or purchase of renal dialysis equipment and supplies. ١.
- Private duty nursing. Κ.

Outpatient Mental Health and Substance Abuse. 10.7

Coverage is not provided for:

- Psychological testing, unless Medically Necessary, as determined by CareFirst BlueChoice, and appropriate within the scope of Covered Services.
- Β. Services solely on court order or as a condition of parole or probation unless approved or authorized by the CareFirst BlueChoice Medical Director.
- Mental retardation, after diagnosis.
- D. Psychoanalysis.

Inpatient Mental Health and Substance. 10.8

The following services are excluded:

- Admissions as a result of a court order or as a condition of Α. parole or probation unless approved or authorized by the CareFirst BlueChoice Medical Director.
- Custodial Care.
- C Observation or isolation.

10.9 Emergency Services and Urgent Care. Benefits will not be provided for:

- Emergency care if the Member could have foreseen the need Α. for the care before it became urgent (for example, periodic chemotherapy or dialysis treatment). Medical services rendered outside of the Service Area which
- Β. could have been foreseen by the Member prior to departing the Service Area.
- the Service Area. Charges for emergency and Urgent Care services received from a Non-Contracting Provider after the Member could reasonably be expected to travel to the nearest Contracting Provider. Charges for services when the claims filing and notice procedures stated in Section 7 of this Description of Covered Services have not been followed by the Member. Except for Medically Necessary follow-up care after emergency surgery, charges for follow-up care received in the emergency C.
- D.
- Ε. surgery, charges for follow-up care received in the emergency or Urgent Care facility outside of the Service Area unless CareFirst BlueChoice determines that the Member could not reasonably be expected to return to the Service Area for such care.
- Except for covered ambulance services, travel, including travel required to return to the Service Area, whether or not recommended by a Contracting Provider.
- Treatment received in an emergency department to treat a health care problem that does not meet the definition of Emergency Services as defined in Section 7 of this Description of Covered Services.

10.10 Medical Devices and Supplies.

- Coverage is not provided for:
- Convenience item. Any item that increases physical comfort or Α. e.g. elevators, hoyer/stair lifts, ramps, shower/bath bench.
- Furniture items. Movable articles or accessories which serve as B.
- a place upon which to rest (people or things) or in which things are placed or stored, e.g. chair or dresser. Exercise equipment. Any device or object that serves as a means for energetic physical action or exertion in order to train, strengthen or condition all or part of the human body, C.
- train, strengthen or condition all or part of the human body, e.g. exercycle or other physical fitness equipment. Institutional equipment. Any device or appliance that is appropriate for use in a medical facility and is not appropriate for use in the home, e.g. parallel bars. Environmental control equipment. Any device such as air conditioners, humidifiers, or electric air cleaners. These items are not covered even though they may be prescribed, in the individual's case for a medical reason Ε. individual's case, for a medical reason.

- F. Eyeglasses, contact lenses, dental prostheses or appliances, Eyeglasses, contact lenses, dental prostheses or appliances, or hearing aids. Benefits for eyeglasses and contact lenses may be available through a rider purchased by the Group and attached to the Evidence of Coverage. Corrective shoes, unless they are an integral part of the lower body brace, shoe lifts or special shoe accessories. Medical equipment/supplies of an expendable nature, except those specifically listed as a Covered Medical Supply in this Description of Covered Services. Non-covered supplies include incontinence pads or ace bandages.
- G.
- Η. incontinence pads or ace bandages.

Not all services and procedures are covered by your benefits contract. This plan summary is for comparison purposes only and does not create rights not given in the benefit plan.

### **Prescription Drug Exclusions**

Benefits will not be provided under this rider for:

- Any devices, appliances, supplies, and equipment except as otherwise provided in the Evidence of Coverage.
- 2. Routine immunizations and boosters such as immunizations for foreign travel, and for work or school related activities.
- 3 Prescription Drugs for cosmetic use.
- Prescription Drugs administered by a physician or dispensed in 4. a physician's office.
- Drugs, drug therapies or devices that are considered 5. Experimental/Investigational by CareFirst BlueChoice.
- Except for items included on the Preventive Drug List, Over-6.
- the-Counter medications or supplies lawfully obtained without a prescription such as those that are available in the identical formulation, dosage, form, or strength of a Prescription Drug.
- Vitamins, except CareFirst BlueChoice will provide a benefit for 7 Prescription Drug:
  - Prenatal vitamins. a.
  - Fluoride and fluoride containing vitamins. b.
  - Single entity vitamins, such as Rocaltrol and DHT. c.
- Vitamins included on the Preventive Drug List. Ь Infertility drugs and agents for use in connection with infertility services or treatments that are excluded from coverage under 8.
- services or treatments that are excluded from coverage under the Evidence of Coverage to which this rider is attached.
  9. Any portion of a Prescription Drug that exceeds:

  a. a thirty-four (34) day supply for Prescription Drugs; or,
  b. a ninety (90) day supply for Maintenance Drugs unless authorized by CareFirst BlueChoice.

  10. Prescription Drugs that are administered or dispensed by a health care facility for a Member who is a patient in the health care facility. This exclusion does not apply to Prescription care facility. This exclusion does not apply to Prescription Drugs that are dispensed by a Pharmacy on the health care facility's premises for a Member who is not a patient in the health care facility.
- 11. Prescription Drugs for weight loss.
- 12. Biologicals and allergy extracts.
- Blood and blood products. (May be covered under the medical benefits in the Evidence of Coverage to which this rider is attached.)

Not all services and procedures are covered by your benefits contract. This plan summary is for comparison purposes only and does not create rights not given through the benefit plan.

### Medical Limitations and Exclusions—CareFirst BlueCross BlueShield

10.1 General Exclusions

- Coverage is not provided for the following: Any service, test, procedure, supply, or item which CareFirst determines not necessary for the prevention, diagnosis or treatment of the Member's illness, injury, or condition. Although a service may be listed as covered, benefits will be provided only if it is Medically Necessary and appropriate in the Member's particular case.
- Any treatment, procedure, facility, equipment, drug, drug Β. usage, device, or supply which, in the judgment of CareFirst, is Experimental/Investigational, or not in accordance with accepted medical or psychiatric practices and standards in effect at the time of treatment, except for covered benefits for Clinical Trials.
- The cost of services that are furnished without charge or C. are normally furnished without charge if a Member was not covered under the Evidence of Coverage or under any health insurance, or any charge or any portion of a charge which by

law the provider is not permitted to bill or collect from the Member directly

- Any service, supply, or procedure that is not specifically listed in the Member's Evidence of Coverage as a covered benefit or that D. does not meet all other conditions and criteria for coverage as determined by CareFirst.
- Ε.
- Services that are beyond the scope of the license of the provider performing the service. Routine foot care, including services related to hygiene or any services in connection with corns, calluses, flat feet, fallen F. arches, weak feet, chronic foot strain, symptomatic complaints of the feet, or partial removal of a nail without the removal of its matrix. However, benefits will be provided for these services if CareFirst determines that medical attention was needed because of a medical condition affecting the feet, such as diabetes and, that all other conditions for coverage have been met.
- G. Any type of dental care (except treatment of accidental injuries, oral surgery, and cleft lip, cleft palate, or ectodermal dysplasia, as described in this Description of Covered Services) including extractions, treatment of cavities, care of the gums or bones supporting the teeth, treatment of periodontal abscess, removal of impacted teeth, orthodontia, false teeth, or any other dental services or supplies, unless provided in a separate rider or amendment to this Evidence of Coverage. Benefits for oral surgery are Section 2.21 in the Outpatient and Office Services Section of this Description of Covered Services. All other procedures involving the teeth or areas surrounding the teeth, including shortening of the mandible or maxillae for Cosmetic purposes or for correction of malocclusion unrelated to a functional impairment are excluded.
- to a functional impairment are excluded. Cosmetic surgery (except benefits for Reconstructive Breast Surgery or reconstructive surgery) or other services primarily intended to correct, change, or improve appearances. Cosmetic means a service or supply which is provided with the primary intent of improving appearances and not for the purpose of restoring bodily function or correcting deformity resulting from disease, trauma, or previous therapeutic intervention as determined by CareFirst. Treatment rendered by a Health Care Provider who is the Member's Spouse, parent, child, grandparent, grandchild, sister, or nephew or resides in the Member's home. Any prescription drugs, unless administered to the Member Н.
- ١.
- Any prescription drugs, unless administered to the Member in the course of covered outpatient or inpatient treatment or unless the prescription drug is specifically identified as covered. Take-home prescriptions or medications, including self-administered injections which can be administered by the patient or by an average individual who does not have medical training, or medications which do not medically require administration by or under the direction of a physician are not covered, even though they may be dispensed or administered in a physician or provider office or facility, unless the take-home prescription or medication is specifically identified as covered. Benefits for prescription drugs may be available through a rider or amendment purchased by the Group and attached to the Evidence of Coverage.
- All non-prescription drugs, medications, biologicals, and Overthe-Counter disposable supplies routinely obtained and selfadministered by the Member, except for the CareFirst benefits described in this Evidence of Coverage and diabetic supplies.
- Food and formula consumed as a sole source or supplemental L. nutrition, except as listed as a Covered Service in this Description of Covered Services.
- Any procedure or treatment designed to alter an individual's physical characteristics to those of the opposite sex. M.
- Treatment of sexual dysfunctions or inadequacies including, N. but not limited to, surgical implants for impotence, medical therapy, and psychiatric treatment.
- Fees and charges relating to fitness programs, weight loss or weight control programs, physical, pulmonary conditioning programs or other programs involving such aspects as exercise, physical conditioning, use of passive or patient-activated exercise equipment or facilities and self-care or self-held training or education excent for diabetes outnatiend О. self-help training or education, except for diabetes outpatient self-management training and educational services. Cardiac rehabilitation programs are covered as described in this Evidence of Coverage.

- Medical and surgical treatment for obesity and weight Ρ. reduction, except in the instance of Morbid Obesity.
- reduction, except in the instance of Morbid Obesity. Medical or surgical treatment of myopia or hyperopia, including radial keratotomy and other forms of refractive keratoplasty or any complications thereof. Benefits for vision may be available through a rider or amendment purchased by the Group and attached to the Evidence of Coverage. Services solely based on a court order or as a condition of parole or probation, unless approved by CareFirst. Health education classes and self-help programs, other than birthing classes or those for the treatment of diabetes Ο.
- R.
- S. birthing classes or those for the treatment of diabetes.
- Т Acupuncture services, except when approved or authorized by CareFirst when used for anesthesia.
- U. Any service related to recreational activities. This includes, but is not limited to, sports, games, equestrian, and athletic training. These services are not covered unless authorized or approved by CareFirst even though they may have therapeutic value or be provided by a Health Care Practitioner.
- V Any service received at no charge to the Member in any federal hospital or facility, or through any federal, state, or local governmental agency or department, not including Medicaid. (This exclusion does not apply to care received in a Veteran's hospital or facility unless that care is rendered for a condition that is a result of the Member's military service.)
- W. Private Duty Nursing. Χ.
  - Non-medical, provider services, including but not limited to: 1. Telephone consultations, failure to keep a scheduled visit, completion of forms, copying charges, or other administrative services provided by the Health Care Practitioner or the Health Care Practitioner's staff.
    - Administrative fees charged by a physician or medical practice to a Member to retain the physician's or medical practice to a Member to retain the physician's or medical practices services, e.g., "concierge fees" or boutique medical practice membership fees. Benefits under this Evidence of Coverage are available for Covered Services rendered to the Member by a Health Care Provider.
- Member by a Health Care Provider.
  Y. Speech Therapy, Occupational Therapy, or Physical Therapy, unless CareFirst determines that the condition is subject to improvement. Coverage does not include non-medical Ancillary Services such as vocational rehabilitation, employment counseling, or educational therapy.
  Z. Services or supplies for injuries or diseases related to a covered person's job to the extent the covered person is required to be covered by a workers' compensation law.
- covered by a workers' compensation law. AA. Travel (except for Medically Necessary air transportation and ground ambulance, as determined by CareFirst, and services listed under the Section 2.14 Transplants Section of this Description of Covered Services), whether or not recommended by an Eligible Provider.
- BB. Services or supplies received from a dental or medical department maintained by or on behalf of an employer, mutual benefit association, labor union, trust, or similar persons or groups.
- CC. Contraceptive drugs or devices, unless specifically identified as covered in this Evidence of Coverage, or in a rider or amendment to this Evidence of Coverage.
- DD. Any illness or injury caused by war (a conflict between nation states), declared or undeclared, including armed aggression.
- Services, drugs, or supplies the Member receives without EE. charge while in active military service.
- Habilitative Services delivered through early intervention and school services.
- GG. Custodial Care.
- HH. Coverage does not include non-medical Ancillary Services, such as vocational rehabilitation, employment counseling, or educational therapy.
- Services or supplies received before the effective date of the 11.
- Member's coverage under this Evidence of Coverage. Durable Medical Equipment or Supplies associated or used in conjunction with non-covered items or services. 11.
- KK. Services required solely for employment, insurance, foreign travel, school, camp admissions or participation in sports activities.
- LL. Work Hardening Programs. Work Hardening Program means a highly specialized rehabilitation programs designed to simulate workplace activities and surroundings in a monitored environment with the goal of conditioning the participant for a return to work

#### Infertility Services . 10.2

Benefits will not be provided for any assisted reproductive technologies including artificial insemination, as well as in vitro fertilization, gamete intra-fallopian tube transfer, zygote intrafallopian transfer cryogenic preservation or storage of eggs and embryo and related evaluative procedures, drugs, diagnostic services and medical preparations related to the same.

### Transplants 10.3

- Benefits will not be provided for the following:
- Non-human organs and their implantation. This exclusion will not be used to deny Medically Necessary non-Experimental/ Investigational skin grafts.
- Β. Any hospital or professional charges related to any accidental injury or medical condition for the donor of the transplant material.
- Any charges related to transportation, lodging, and meals C. unless authorized or approved by CareFirst.
- D. Services for a Member who is an organ donor when the recipient is not a Member.
- E. Benefits will not be provided for donor search services.
- F. Any service, supply, or device related to a transplant that is not listed as a benefit in the Description of Covered Services.

#### Inpatient Hospital Services 10.4

Coverage is not provided (or benefits are reduced, if applicable) for the following:

- Private room, unless Medically Necessary and authorized or approved by CareFirst. If a private room is not authorized or approved, the difference between the charge for the private room and the charge for a semiprivate room will not be covered.
- Non-medical items and convenience items, such as television Β.
- Non-medical items and convenience items, such as televisio and phone rentals, guest trays, and laundry charges. Except for covered Emergency Services and Maternity Care, a hospital admission or any portion of a hospital admission (other than Medically Necessary Ancillary Services) that had not been approved by CareFirst, whether or not services are Medically Necessary and/or meet all other conditions for coverage for coverage.
- D. Private Duty Nursing.

10.5 Home Health Services

## Coverage is not provided for:

- A. Private Duty Nursing.
- B. Custodial Care.

### 10.6 **Hospice Services**

- Benefits will not be provided for the following:
- Services, visits, medical equipment, or supplies not authorized A. by CareFirst.
- Financial and legal counseling. Β.
- Any services for which a Qualified Hospice Program does not C. customarily charge the patient or his or her family.
- D. Reimbursement for volunteer services.
- Chemotherapy or radiation therapy, unless used for E. symptom control.
- Services, visits, medical equipment, or supplies that are not F. required to maintain the comfort and manage the pain of the terminally ill Member.
- G. Custodial Care, domestic, or housekeeping services.

### 10.7 Medical Devices and Supplies

Benefits will not be provided for purchase, rental, or repair of the following:

- Convenience items. Equipment that basically serves comfort or Α. convenience functions or is primarily for the convenience of a
- B.
- convenience functions or is primarily for the convenience of a person caring for a Member (e.g., an exercycle or other physical fitness equipment, elevators, hoyer lifts, shower/bath bench). Furniture items, movable objects or accessories that serve as a place upon which to rest (people or things) or in which things are placed or stored (e.g., chair or dresser). Exercise equipment. Any device or object that serves as a means for energetic physical action or exertion in order to train, strengthen or condition all or part of the human body, (e.g., exercycle or other physical fitness equipment). C. (e.g., exercycle or other physical fitness equipment).
- Institutional equipment. Any device or appliance that is D. appropriate for use in a medical facility and is not appropriate for use in the home (e.g., parallel bars).

- E. Environmental control equipment. Equipment that can be used for non-medical purposes, such as air conditioners, humidifiers, or electric air cleaners. These items are not covered even though they may be prescribed, in the individual's case, for a medical reason.
- Eyeglasses or contact lenses (except when used as a prosthetic E. lens replacement for aphakic patients as in this Evidence of Coverage), dental prostheses or appliances (except for Medically Necessary treatment of Temporomandibular Joint Syndrome (TMJ)).
- Corrective shoes (unless required to be attached to a leg brace), G. shoe lifts, or special shoe accessories.
- H. Medical equipment/supplies of an expendable nature, except as specifically listed as a Covered Medical Supply in this Evidence of Coverage. Non-covered supplies include incontinence pads or ace bandages.

Not all services and procedures are covered by your benefits contract. This plan summary is for comparison purposes only and does not create rights not given in the benefit plan.

### **Prescription Drug Exclusions**

Benefits will not be provided under this rider for:

- Any devices, appliances, supplies, and equipment except as otherwise provided in Evidence of Coverage.
- Routine immunizations and boosters such as immunizations for 2. foreign travel, and for work or school related activities.
- Prescription Drugs for cosmetic use.
- Prescription Drugs administered by a physician or dispensed in 4. a physician's office.
- Drugs, drug therapies or devices that are considered 5. Experimental/Investigational by CareFirst.
- Except for items included on the Preventive Drug List, Over-6. the-Counter medications or supplies lawfully obtained without a prescription such as those that are available in the identical formulation, dosage, form, or strength of a Prescription Drug. Vitamins, except CareFirst will provide a benefit for 7
  - Prescription Drug:
  - a. Prenatal vitamins.
  - Fluoride and fluoride containing vitamins. b.
  - Single entity vitamins, such as Rocaltrol and DHT. с.
  - Vitamins included on the Preventive Drug List. d.
- a. Vitamins included on the Preventive Drug List.
   Infertility drugs and agents for use in connection with infertility services or treatments that are excluded from coverage under the Evidence of Coverage to which this rider is attached.
   Any portion of a Prescription Drug that exceeds:

   a. a thirty-four (34) day supply for Prescription Drugs; or,
   b. a prioty (90) for Materagnee Drugs, unless

   8
- 9.
  - b. a ninety (90) day supply for Maintenance Drugs unless authorized by CareFirst.
- 10. Prescription Drugs that are administered or dispensed by a health care facility for a Member who is a patient in the health care facility. This exclusion does not apply to Prescription Drugs that are dispensed by a Pharmacy on the health care facility's premises for a Member who is not a patient in the health care facility.
- 11. Prescription Drugs for weight loss.
- 12. Biologicals and allergy extracts.
- 13. Blood and blood products. (May be covered under the medical benefits in the Evidence of Coverage to which this rider is attached.)

Not all services and procedures are covered by your benefits contract. This list is a summary and is not intended to itemize every procedure not covered by CareFirst BlueCross BlueShield. This plan summary is for comparison purposes only and does not create rights not given through the benefit plan.