

Virtual Care Options

It's important to be able to get the care you need, when you need it. Our virtual care offerings make it easy to do just that.

24-Hour Nurse Advice Line

Talk to a registered nurse about your symptoms, and the appropriate steps to take, at any time by calling 24-Hour Nurse Advice Line on the back of your ID card.

CloseKnit



CloseKnit, our leading virtual care practice, gives you 24/7 access to the support you deserve—from primary and urgent care to therapy and more* through your desktop or the convenient CloseKnit mobile app. Learn more and register at closeknithealth.com.

CloseKnit offers:



Primary Care

Full-service primary care from a dedicated care team.
For adults age 18+.



Behavioral Health Services

Expert help, including therapy for depression, anxiety or other behavioral health diagnoses.
Psychiatric services coming soon.



Urgent Care

The care you need to treat minor injuries and illnesses fast. Average wait time is 30 minutes or less. *For adults and children (age 2+).*



Diet & Nutrition

Guidance and support for healthy eating, weight loss and more. *Coming soon.*

* Providers will use their professional judgment to determine if a telemedicine visit is appropriate or if an in-person visit is required.

Other Physicians/Providers are available in our network.

CareFirst BlueCross BlueShield Medicare Advantage offers HMO and HMO-SNP plans with a Medicare contract. Enrollment in CareFirst BlueCross BlueShield Medicare Advantage depends upon contract renewal.

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