

Colorectal Cancer Screening

Colorectal Cancer Screenings (iFOBT, Colonoscopy, or Flex Sigmoidoscopy)*

Medicare covers 3 colorectal cancer screenings when ordered by a doctor – Colonoscopy, Flexible Sigmoidoscopy, and an iFOBT stool-based test. There is no age requirement for members to receive a colonoscopy, but you must be over the age of 50 to complete a Flexible Sigmoidoscopy or an iFOBT stool-based test. The screening must be completed within the recommended time frame in order for you to receive a reward card.

According to the Centers for Disease Control and Prevention, regular screening is key to preventing colorectal cancer.

CareFirst BlueCross BlueShield Medicare Advantage encourages you to talk with your provider about when to begin screening for colorectal cancer, what test to have, and how often to have it.

Colorectal cancer screenings can detect problems before any symptoms occur. Your provider will take into account your age, medical history, family history, and general health to determine which screening is right for you.

It is recommended that individuals get an iFOBT stool-based tests every 12 months, a Flexible Sigmoidoscopy every five (5) years, or a Colonoscopy every 10 years.

Note: Members will only earn a reward card for completing one (1) of three (3) tests.

Provider: Please sign and date this form, then fax it and proof of service to 410-779-3957. Please note, all data must be completed in order for your CareFirst BlueCross BlueShield Medicare Advantage patient to receive their reward card.

iFOBT, Colonoscopy, or Flexible Sigmoidoscopy

There are three (3) ways to be screened for colorectal cancer. You will only receive one (1) reward card for one (1) screening. Once completed, you are not eligible to receive another reward card through the Healthy Rewards Program for any additional colorectal cancer screenings during 2021.

Please check off which ONE test you used for screening:

iFOBT kit (test for blood in stool)

Date mailed kit to lab: _____

Colonoscopy

Date of test: _____

Flexible Sigmoidoscopy

Date of test: _____

If you complete either the Colonoscopy or Flexible Sigmoidoscopy, please have your provider complete the information below.

Name: _____

Member ID: _____ Date of Visit: _____

Member Date of Birth: _____

Name of Provider: _____

Practice Name: _____

NPI: _____

Address: _____

Phone: _____ Fax: _____

2021

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Getting your reward card is easy.

Colorectal Cancer Screening (iFOBT)

- 1 Complete an iFOBT colorectal cancer screening kit before December 31, 2021. Use the kit as instructed.
- 2 Mail your sample to the lab to be processed. Instructions on how to do this will be included in your kit.
- 3 Fill out the form in this Healthy Rewards Program booklet.
- 4 Fax or mail the completed form to CareFirst BlueCross BlueShield Medicare Advantage.
FAX: 410-779-3957
MAIL:
CareFirst BlueCross BlueShield Medicare Advantage
Attn: Quality Department
1966 Greenspring Drive, Suite 100
Timonium, MD 21093

Colorectal Cancer Screening (Colonoscopy or Flexible Sigmoidoscopy)

- 1 Talk with your provider to schedule an appointment for your colorectal cancer screening before December 31, 2021.
- 2 After you've completed your screening, have your provider fill out the form in this Healthy Rewards Program booklet.
- 3 Fax or mail the completed form to CareFirst BlueCross BlueShield Medicare Advantage.
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Your reward card will arrive in the mail within six (6) to eight (8) weeks after we receive the completed form from your doctor and have verified the services. Reward cards cannot be used to buy tobacco or alcohol. Reward cards cannot be converted to cash. You can only receive one (1) reward card for one (1) colorectal cancer screening in 2021 within the recommended time frames.