The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can see the Glossary at www.carefirst.com/sbcg or call 1-855-258-6518 to request a copy. For more information about your coverage, or to get a copy of the complete terms of coverage, please visit www.carefirst.com.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your <u>deductible</u> ?	Yes, all In-Network services, are provided without a deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	There are no other specific deductibles.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	Medical and Prescription Drug combined (except EGWP Members): In-Network: \$6,350 individual/\$12,700 family; Medical for all Members: In-Network: \$2,000 individual/\$6,000 family/\$1,300 individual complimentary to Medicare.	The <u>out-of-pocket limit</u> is the most you could pay in a <u>plan</u> year for covered services. If you have other family member(s) on the <u>plan</u> , each family member may need to meet their own <u>out-of-pocket</u> <u>limits</u> , OR all family members may combine to meet the overall family <u>out-of-pocket limit</u> , depending upon <u>plan</u> coverage. Please refer to your contract for further details.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, health care this plan doesn't cover, copayments for certain services, and penalties for failure to obtain pre- authorization for services.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket limit</u> .
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <u>www.carefirst.com</u> or call 855-258-6518 for a list of Network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

Common		What You Will PayNetwork ProviderOut-of-Network Provider(You will pay the least)(You will pay the most)		Limitations, Exceptions, & Other Important Information	
Common Medical Event	Services You May Need				
	Primary care visit to treat an injury or illness	Provider: \$10 copay per visit Hospital Facility: No Charge	Not Covered	If a service is rendered at a Hospital Facility, the additional Facility charge may apply	
If you visit a health care provider's office	<u>Specialist</u> visit	Provider: \$15 copay per visit Hospital Facility: No Charge	Not Covered	If a service is rendered at a Hospital Facility, the additional Facility charge may apply	
or clinic	Retail health clinic	\$10 copay per visit	Not Covered	None	
	Preventive care/screening/ immunization	No Charge	Not Covered	Some services may have limitations or exclusions based on your contract	
lf you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Lab Tests: Non-Hospital & Hospital: No Charge X-Ray: Non-Hospital & Hospital: No Charge	Not Covered	In-Network Lab Test benefits apply only to tests performed at LabCorp.	
	Imaging (CT/PET scans, MRIs)	Non-Hospital & Hospital: No Charge	Not Covered	None	
	Generic drugs	\$5 copay	Paid As In-Network	For all prescription drugs:	
If you need drugs to treat your illness or	Preferred brand drugs	\$20 copay	Paid As In-Network	Prior authorization may be required for certain drugs; No Charge for preventive drugs or	
condition More information about	Non-preferred brand drugs	\$35 copay	Paid As In-Network	contraceptives; Copay applies to up to 30-day supply; Up to 90-day supply of maintenance	
prescription drug <u>coverage</u> is available at www.carefirst.com	Preferred Specialty drugs	Units 1-4: 50% of Allowed Benefit up to \$75; Units 5-6: \$75 copay	Not Covered	drugs is 2 copays; Specialty Drugs: Participating Providers: covered when	
rxgroup	Non-preferred Specialty drugs	Units 1-4: 50% of Allowed Benefit up to \$75; Units 5-6: \$75 copay	Not Covered	purchased through the Exclusive Specialty Pharmacy Network Non-Participating Providers: Not Covered	
lf you have	Facility fee (e.g., ambulatory surgery center)	Non-Hospital & Hospital: No Charge	Not Covered	None	
outpatient surgery	Physician/surgeon fees	Non-Hospital & Hospital: \$15 copay per visit	Not Covered	None	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you need immediate medical	Emergency room care	\$85 copay per visit	Paid As In-Network	Limited to Emergency Services or unexpected, urgently required services; Additional professional charges may apply. Copay waived if admitted.	
attention	Emergency medical transportation	No Charge	Not Covered	None	
	<u>Urgent care</u>	\$15 copay per visit	Not Covered	Limited to unexpected, urgently required services	
If you have a hospital	Facility fee (e.g., hospital room)	No Charge	Not Covered	Prior authorization is required	
stay	Physician/surgeon fees	No Charge	Not Covered	None	
If you need mental health, behavioral	Outpatient services	Office Visit: \$10 copay per visit Hospital Facility: No Charge	Not Covered	For treatment at an Outpatient Hospital Facility, additional charges may apply	
health, or substance abuse services	Inpatient services	No Charge	Not Covered	Prior authorization is required; Additional professional charges may apply	
	Office visits	No Charge	Not Covered	For routine pre/postnatal office visits only. For non-routine obstetrical care or complications of pregnancy, cost sharing may apply.	
lf you are pregnant	Childbirth/delivery professional services	No Charge	Not Covered	None	
	Childbirth/delivery facility services	No Charge	Not Covered	Additional professional charges may apply	
	Home health care	No Charge	Not Covered	Prior authorization is required	
If you need help recovering or have other special health needs	Rehabilitation services	Office Visit: \$15 copay per visit Hospital Facility: No Charge	Not Covered	If a service is rendered at a Hospital Facility, the additional Facility charge may apply Benefits for Speech, Physical, and Occupational Therapies are limited to 30 days combined per condition per benefit period	

Common		What You Will Pay		Limitations Exacutions 8 Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Habilitation services	Office Visit: \$15 copay per visit Hospital Facility: No Charge	Not Covered	Prior authorization is required after the first visit Benefits are limited to Members under the age of 19 If a service is rendered at a Hospital Facility, the additional Facility charge may apply
	Skilled nursing care	No Charge	Not Covered	Prior authorization is required
	Durable medical equipment	No Charge	Not Covered	None
	Hospice services	No Charge	Not Covered	Prior authorization is required Hospice Maximum: Inpatient benefits are limited to 180 days per lifetime Respite Care: Benefits are limited to 14 days per benefit period Bereavement & Family Counseling: Benefits for each service are limited to a maximum of 6 months following the Member's death or 15 visits, whichever occurs first
	Children's eye exam	\$10 copay per visit	Not Covered	Benefits are limited to limited to 1 visit per benefit period
If your child needs dental or eye care	Children's glasses	Discount program available to all Members	Not Covered	Benefits are limited to limited to 1 set of glasses/lenses per benefit period
	Children's dental check-up	Not Covered	Not Covered	None

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
 Cosmetic surgery Coverage provided outside the US. See <u>www.carefirst.com</u> Dental care (Adult) 	 Long-term care Non-emergency care when travelling outside the US 	Private-duty nursingRoutine foot careWeight loss programs		
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)				
AbortionAcupunctureBariatric surgery	Chiropractic careHearing aids	Infertility treatmentRoutine eye care		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor Employee Benefits Security Administration, http://www.dol.gov/ebsa/healthreform, or call 1-866-444-EBSA (3272); or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, http://www.cciio.cms.gov, or call 1-877-267-2323 x61565. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Department of Labor Employee Benefits Security Administration, http://www.dol.gov/ebsa/healthreform, or call 1-866-444-EBSA (3272); or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, http://www.cciio.cms.gov, or call 1-877-267-2323 x61565.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-258-6518. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-258-6518. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-855-258-6518. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-258-6518. _________To see examples of how this plan might cover costs for a sample medical situation, see the next section.-



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

\$0

\$15

\$0

\$0

Peg is Having a Baby
(9 months of in-network pre-natal care and a
hospital delivery)

The plan's overall deductible	\$0
Specialist Copayment	\$15
Hospital (facility) Copayment	\$0
Other Copayment	\$0

This EXAMPLE event includes services like: Specialist office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (*ultrasounds and blood work*) Specialist visit (*anesthesia*)

	Total Example Cost	\$12,700
Ir	n this example, Peg would pay:	
	Cost Sharing	
	Deductibles	\$0
	Copayments	\$0
	Coinsurance	\$0

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What isn't covered	
Limits or exclusions	\$10
The total Peg would pay is	\$10

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-
controlled condition)

The plan's overall deductible
Specialist Copayment
Hospital (facility) Copayment
Other Copayment

This EXAMPLE event includes services like: Primary care physician office visits (*including disease education*) Diagnostic tests (*blood work*) Prescription drugs Durable medical equipment (*glucose meter*)

- Total Example Cost\$5,600
- In this example, Joe would pay:

Cost Sharing		
Deductibles	\$0	
Copayments	\$375	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Joe would pay is	\$375	

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The plan's overall deductible	\$0
Specialist Copayment	\$15
Hospital (facility) Copayment	\$85
Other Copayment	\$0

This EXAMPLE event includes services like:

Emergency room care *(including medical supplies)* Diagnostic test *(x-ray)* Durable medical equipment *(crutches)* Rehabilitation services *(physical therapy)*

Total Example Cost \$2,80	0
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In this example, Mia would pay:

Cost Sharing		
Deductibles	\$0	
Copayments	\$180	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$180	

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

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